

Symbiosis International (Deemed University)

(Established under section 3 of the UGC Act, 1956 vide notification No.F.9-12/2001-U3 Government of India)

Re-Accredited by NAAC with 'A++' grade

Founder: Prof. Dr. S.B. Mujumdar (Awarded "Padma Bhushan" in 2012 & "Padma Shri" in 2005)

# 7.2\_SCON\_Best Practices\_23-24

Sr.No	Type of Event Category / Metric Number		Name of the Event (Latest First)	Date From & to	Durat ion (Days )	Page No.
1.	Community Engagement	7.2	Breastfeeding week	01-08-2023 to 07-08-2023	8 Days	1-11
2.	Community Engagemen	7.2	World Heart Day	6/10/2023	I day	12-20
3.	Community Engagemen	7.2	Autism Awareness Programme	3/4/2024	1 day	21-27
4.	Community Engagemen	7.2	National Deworming Day	20/2/2024	1 Day	28-32
5.	Community Engagemen	7.2	World Pancreatic Cancer Day 23'	23/11/2023	1 Day	33-41
6.	Community Engagemen	7.2	National Safe Motherhood Day	10/4/2024	1 Day	42-55
7.	Community Engagemen t	7.2	Health Awareness Programme on Vector Borne Diseases	23/11/2023	1 Day	56-63
8.	Community Engagemen	7.2	World Antibiotic Awareness Week	23/11/2023	1 Day	64-73
9.	Community Engagemen	7.2	Awareness Programme on World COPD Day	23/11/2023	1 Day	74-86
10	Engagemen	7.2	World Diabetes Day	14/11/23	1 Day	87-94
11	Engagemen	7.2	World Mental Health Day	10/10/2023	1 Day	95-106
12	. Community Engagemen	7.2	World Pulses Day	20/02/2024	1 day	107-111



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Community Engagemen t	7.2	World Suicide Prevention Day	11/09/2023	1 Day	112-123
Community Engagemen t	7.2	Tuberculosis and leprosy survey report	06/10/2023 to 13/10/2023 and 21/11/23 to 30/11/23	18 days	124-129

Dr. Sonopant G. Joshi Director & Professor Symbiosis College of Nursing(SCON) Hill Base Campus

Lavale, Pune - 412 115.



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# Community Outreach Extension activities

To develop a responsible student community geared towards building a better society by producing changes in the grassroots level.

To enable students to create a new and just society through dedicated and committed team work by connecting the Poor and Disadvantaged people into the mainstream of life.

## Objectives:

- To connect students with the community especially with the poor, needy and disadvantaged and realize their duty towards the lesser privileged.
- To make students understand the society and support the people to uphold and understand their rights and duties.
- To bring about attitudinal change and engage the students in social responsibility initiatives.
- To promote a value-based, casteless, violence-free and knowledge-based society.

#### Policy

- Outreach programme will be considered as mandatory requirements and integrated into curricular activities.
- Each department of Symbiosis College of Nursing such as Community Health Nursing, Mental Health (Psychiatric) Nursing, Obstetrical and Gynecological Nursing, Medical Surgical Nursing Conducts Community Outreach activities.
- Each department will give exposure to students in the community.
- HOD gets approval from the Director to implement community activities.
- Each department will submit a detailed report on their Outreach Programme.
- During the Outreach Day, presentations will be done by each department and beneficiaries may be invited for the programme.



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# **Execution of Community activity**

The students have undertaken Community Awareness Programmes on Food and Nutrition, Personal hygiene, Awareness on Non communicable and communicable diseases, Environmental sanitation. Students organized health checkup camps, street play on various health problems in the community and performed a rally about AIDS awareness in the community.

### Learning Outcome:

Outreach has exposed students to ground realities of people and their environment. They are acquainted with need based planning and intervention based on the problem. Students' decision making capability and leadership improved. Through this, the students have learned empathy for people and their compulsive situations. They have built a sense of accomplishment of having contributed their time and resources.



Dr. Ranjana Chavan <ranjanachavan@scon.edu.in>

# Celebrating breastfeeding week August 2023, poster Competition - regarding

1 message

#### DIRECTOR- SCON < director@scon.edu.in>

Sat, Jul 29, 2023 at 2:38 PM

Dear all.

Symbiosis Medical College for Women (SMCW), SUHRC, Symbiosis College of Nursing (SCON), and Nutrition and Dietetics Programme, Symbiosis Institute of Health Sciences (SIHS) Pune. Celebrating breastfeeding week August 2023 from 01-08-2023 to 07-08-2023. In view of this Programme we are proposing to organize a poster competition on 01-08-2023 at 10 am to 11.00 am at OPD reception area GH, SUHRC building no: 2.

Therefore, you are requested to motivate your students and faculty to participate actively in the above competition.

Certificates will be provided to the first three winners of competitions.

## The theme of breastfeeding week - Let's Make Breastfeeding & Work, Work!

Guidelines of the poster competition enclosed herewith.

#### **Thanks and Warm Regards**

Dr Sonopant. G. Joshi M Sc (N) M Sc (DM) Ph D **DIRECTOR & PROFESSOR** Symbiosis College Of Nursing Pune (Maharashtra) INDIA **Member Secretary - Institutional Ethics Committee - SIU** 

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Vidwan - https://vidwan.inflibnet.ac.in/profile/43451 Orcid- https://orcid.org/0000-0001-8298-8689

Publons -- https://publons.com/wos-op/dashboard/settings/profile/ --

Research Gate https://www.webofscience.com/wos/author/record/K-7079-2015

Google scholar -- https://scholar.google.com/citations?authuser=3&user=Woj8VUsAAAAJ Scopus- https://www.scopus.com/results/authorNamesList.uri?name=name&st1=joshi&st2=

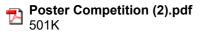
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# Celebrating breastfeeding week August 2023, poster Competition - regarding

DIRECTOR- SCON < director@scon.edu.in>

Sat, Jul 29, 2023 at 14:39

To: Dean SMCW <deansmcw@slu.edu.in>, Dr. Anjali Kher <anjali.kher@smcw.slu.edu.in>, Dr. Prasad Bhanap · Cc: sconstaff <sconstaff@scon.edu.in>, Dr. Sheela Upendra <sheelaupendra@scon.edu.in>

Dear all.

Symbiosis Medical College for Women (SMCW), SUHRC, Symbiosis College of Nursing (SCON), and Nutrition and Dietetics Programme, Symbiosis Institute of Health Sciences (SIHS) Pune. Celebrating breastfeeding week August 2023 from 01-08-2023 to 07-08-2023. In view of this Programme we are proposing to organize a poster competition on 01-08-2023 at 10 am to 11.00 am at OPD reception area GH, SUHRC building no: 2.

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Research Gate https://www.webofscience.com/wos/author/record/k-7079-2015

Google scholar - https://scholar.google.com/citations?authuser=3&user=Woj8VUsAAAA]

Scopus- https://www.scopus.com/results/authorNamesList.uri?name=name&st1=joshi&st2=sonopant&institute=Symbinsis-College+of+Nursing&origin=searchauthorlookup

WoS- https://www.webofscience.com/wos/author/record/K-7079-2015

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Director & Professor Symbiosis College of Nursing(SCON) Hill Base Campus

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# Report on THE WORLD'S BREASTFEEDING WEEK - AUGUST 2023

Theme - Protect Breastfeeding: A Shared Responsibility

Date: August 1st to 7th

Day: Tuesday to Monday

Venue: Reception Area GH, Pediatric OPD & Moringa Auditorium.



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August 1 to August 7 is observed as the World Breastfeeding Week across the world in about 120 countries. It was inaugurated in 1991 and was first celebrated in 1992. This event aims at spreading awareness about the benefits of breastfeeding and the importance of the same. To fulfill the above aim Symbiosis College of Nursing (SCON) in collaboration with Dept. Of Paediatrics, Obstetrics & Gynaecology, SMCW & Nutrition & Dietetics SIHS & SUHRC. This year's theme focuses on Many work-related variables, such as full-time maternal employment, rigid work schedules, and lack of paid maternity leave and lactation rooms, created significant barriers to working mothers' nursing practices.

The aim of World Breastfeeding Week 2023 theme is to promote awareness regarding the importance of optimal breastfeeding in infants and measures to support working women in successfully completing exclusive breastfeeding.

World Breastfeeding Week (WBW) represents a global celebration of breastfeeding efforts including breastfeeding promotion, support, education, research, progressive trends and normalizing breastfeeding as the gold standard of infant nutrition.

## Organizing Chairperson:

- Dr Anjali Kher, Professor & HoD Paediatrics Dept. SMCW, SIU, Pune
- Dr. Seeta Devi, Asst. Professor, HOD, OBG Dept., SCON

## Coordinating Faculty:

- 1. Ms. Shital Waghmare, Asst. Professor, SCON
- 2. Ms. Archana Admute, Tutor, SCON
- 3. Ms Paval Bhagat. Tutor, SCON

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> Department of Obstetrics and Gynecological (OBG) Nursing. SCON

BREAST FEEDING WEEK AUGUST 2023

THEME -LETS MAKE BREASTFEEDING & WORK, WORK!

Guest Lecture on

4th August 2023

Guest Speaker

Dr Mangala Wani,

Gynecologist & Breastfeeding Consultant.

To grace the occasions, the special invites for the event was Dr (Lt Col) T. Vijaya Sagar, Dr. S. G. Joshi. Director, SCON, Dr. Prasad Bhanap, Medical Superintendent, SUHRC.

The following events organized in view to create an awareness and motivate the audience

Dr. Sonopant G Director & Professor Symbiosis College of Nursing(SCON) Hill Base Campus Lavale, Pune-412 115.

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## Program Agenda

# World Breast Feeding Week 1st August to 7th August 2023

Organized by Dept. Of Paediatrics, Obstetrics & Gynaecology, SMCW & SCON & Nutrition & Dietetics SIHS & SUHRC

Date: - 1st August 2023 to 7th August 2023

# MINUTE TO MINUTE PROGRAMME

Date	Day	Time	Competition & Program	Venue	Responsibility
01-08-2023	Tuesday	10 am to 11.00 am	Rangoli &Poster competition exhibition for all students & staff	Reception Area GH	Rangoli- SMCW Paed & OBGY Dept Poster & Inaugural function- SCON
02-08-2023	Wednesday	12 pm to 01.00 pm	Patient awareness Program in OPD	Paeds & OBGY OPD	Paeds & OBGY SMCW
03-08-2023	Thursday	12 pm to 1 pm	Awareness program in PNC and Paediatric ward	Paediatric Ward & PNC ward	Paeds & OBGY SMCW
04-08-2023	Friday	12 pm to 1 pm	Slogan & Poetry competition for all students & staff	Reception Area GH	Paeds & OBGY SMCW
04-08-2023	Friday	3.00pm to 4.00 pm	Guest Lecture by Dr.Mangala Wani.	Moringa Auditorium	SCON & SMCW
07-08-2023	Monday	12 pm to 2 pm	Role play & Valedictory function	Reception Area GH	Role play & Valedictory function Nutrition & Dietetics SIHS

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Symbiosis College of Nursing(aCON)





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# Rangoli Competition:



# **Poster Competition:**

This poster competition was organized and students from all the institutes of SIU batches have participated and we have received total 30posters. Following are the prize winner for the same:

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- 1. Ms. Jyoti Singh
- 2. Ms. Bhagyashri Shingote



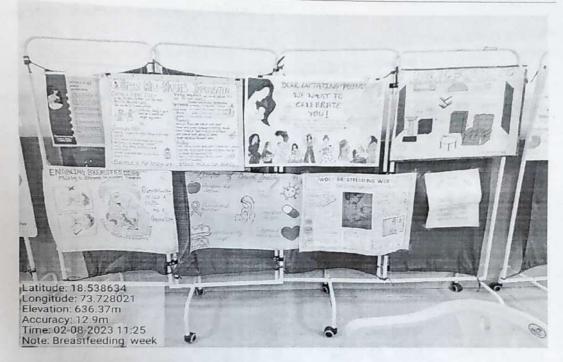


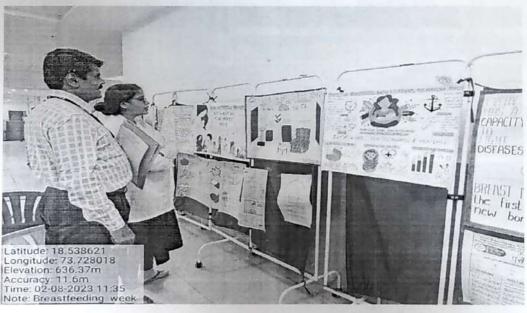
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Symbiosis International (Deemed University) campus. Hill Base , Lavale. Pune-412 115, Maharashtra mbiosis International (Deemed University) Campus, in Substitute (Proposition of Supering Supe

Director & Professor Symbiosis College of Mursing(SCON)





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# Awareness program Exhibition and Role Play

The role play was presented by 4th year B.Sc. Nursing students. That was very informative and innovative for all viewers. The postnatal mothers got qualitative information regarding the breast milk, benefits of breast feeding to mothers and baby.

The event was highly appreciated by all the dignitaries and was successful The SCON students won first prize in the role play.

PFB the glimpse of the event



Hill Base Campus

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## ATTENDANCE

**BREAST FEEDING WEEK CELEBRATION 2023** World Breast Feeding Week 1st August to 7th August 2023

Sr. No.	Name Of The Students	Signature
1.	Sakshi kedare	gradore .
2.	Chandrakant Pandhare	Charles
3.	Prashant Shrirame	
4.	Siddharth Raut	Shant
5.	Mayuresh Kumbhar	MA
6.	Anjali Yadav	Advertor
7.	Prajakta Shetasandi	Aletasardi
8.	Yashfeen Afroz	Judgen
9.	Joyce Mathivanan	101 11
10.	Bhagyashri Singhote	Not of



# SYMBIOSIS COLLEGE OF NURSING (SCON)

Symbiosis International (Deemed University), SIU

Department of Medical Surgical Nursing Along with 3rd Semester students of Symbiosis College of Nursing solicit your presence

On

Friday, October 6th 2023

Time: 09:00 AM - 4 PM

To observe

World Heart Day -2023

Theme: Use Heart, Know Heart

Venue: Pashan Community Area, Pune, Maharashtra.

# SCON

Mrs. Manisha Mistry <manishamistry@scon.edu.in>

# Notification on World Heart day Celebration on 6/10/2023 at Pashan community on 6/10/2023 - reg

**DIRECTOR- SCON** <director@scon.edu.in>
To: sconstaff <sconstaff@scon.edu.in>

Thu, Oct 5, 2023 at 11:46 AM

Dear all,

Department of Medical Surgical Nursing (MSN), is observing World Heart day on 6/10/2023 at Pashan community.

Various activities have been planned.

Date - 6/10/2023 Time - 9 am to 4 pm

#### Activities:

- Health Education sessions at various venues.
- 2. Skit performance at various venues.
- 3. Poster exhibition

Teachers involved - Mrs. Manisha Mistry, Ms. Divyani Diwekar and Mrs. Monika Puri. Batch - BSc (N) 3rd semester - Total students 69

# Greetings from Symbiosis College of Nursing!

#### Thanks and Warm Regards

Dr Sonopant. G. Joshi M Sc (N) M Sc (DM) Ph D

DIRECTOR & PROFESSOR

Symbiosis College Of Nursing Pune (Maharashtra) INDIA

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Google scholar -- https://scholar.google.com/citations?authuser=3&user=Woj8VUsAAAAJ

Scopus- https://www.scopus.com/results/authorNamesList.uri?name=name&st1=joshi&st2=sonopant&institute=Symbiosis+College+of+Nursing&origin=searchauthorlookup

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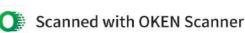


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# Symbiosis College of Nursing (SCON)

## World Heart Day 2023 Theme - "Use Heart, Know Heart"

#### PREAMBLE

In the rhythm of life, amidst the symphony of our existence, there exists a vital organ, the guardian of our vitality, the orchestrator of our well-being - the human heart. As we gather here today, on the occasion of **World Heart Day 2023**, we stand united in our commitment to celebrate, protect, and cherish this remarkable organ that beats tirelessly, second after second, to sustain our lives.

The heart, a symbol of love and life, serves as the engine that propels us through the journey of existence. It pumps life-giving blood through our veins, delivering oxygen and nutrients to every cell, ensuring that our bodies function seamlessly. Yet, in this modern era, we find ourselves in a world where the rhythms of life have often become discordant, putting our hearts at risk.

The theme for World Heart Day 2023, "Use Heart, Know Heart" calls upon us to recognize the importance of balance in our lives. It reminds us that our hearts thrive when we embrace a harmonious equilibrium between physical health, mental well-being, and a mindful lifestyle. We must acknowledge that the choices we make daily, from our diets to our levels of physical activity, and the way we manage stress, profoundly impact the health of our hearts.

As we stand at the crossroads of time, faced with unprecedented challenges to global health, we must come together as a global community to address the rising tide of heart diseases and related risk factors. Heart diseases continue to be a leading cause of mortality worldwide, affecting people of all ages and backgrounds. This World Heart Day, let us pledge to raise awareness, foster education, and encourage preventive measures that will help us mitigate this global health crisis.

In our pursuit of heart health, we must recognize that access to quality healthcare is a fundamental human right. We must work towards breaking down barriers that prevent individuals from receiving timely and appropriate care for heart-related conditions. Equity in healthcare is essential, and together, we can strive to ensure that every heart, regardless of geography or circumstance, is given the opportunity to beat strong and healthy.

On World Heart Day 2023, let us renew our commitment to our own heart health and extend our care and support to those around us. Let us resolve to make heart-healthy choices, to encourage our loved ones to do the same, and to advocate for policies and initiatives that promote heart wellness. In doing so, we will not only protect the sanctity of our own hearts but also contribute to a world where every heartbeat resonates with strength, vitality, and harmony.

Together, as a global community, let us harmonize our efforts for the love of our hearts and the hearts of our loved ones. For in the symphony of life, the heart is the conductor of our well-being, and it is our responsibility to ensure that its melody plays on for generations to come. Happy World Heart Day 2023!

# World Heart Day -2023

# **Programme Schedule**

Friday, 6th October 2023, Time: 9:00 am Theme: Use Heart, Know Heart Venue: Pashan Community Area, Pune, Maharashtra.

Time	Programme
9.00 hrs.	Reporting to Pashan Community Area
9.00-9.45 hrs.	Preparation
9.45-11 hrs	Rally on World Heart day theme – Pashan
11 – 1 PM	Introduction to community about world heart day and Skit In various venues in Pashan Community area.
1 – 1.30 PM	Health Education
1.30 – 3.30 PM	Poster exhibition
3.30 PM	Closure

# Symbiosis College of Nursing (SCON)

# World Heart Day 2023 Theme - "Use Heart, Know Heart"

#### REPORT

Department of Medical Surgical Nursing (MSN) - World Heart Day Observance Report

Date: October 6, 2023 Time: 9:00 AM to 4:00 PM Location: Pashan Community

#### Introduction:

The Department of Medical Surgical Nursing (MSN) celebrated World Heart Day on October 6, 2023, at the Pashan Community. The event was a resounding success, with a variety of activities designed to promote heart health and awareness among the community members. The activities were conducted by dedicated teachers and enthusiastic students from the BSc (N) 3rd semester batch.

#### Activities:

#### **Health Education Sessions:**

Throughout the day, informative health education sessions were conducted at various venues within the Pashan Community. These sessions aimed to educate community members about the importance of heart health, risk factors for heart diseases, and preventive measures. Mrs. Manisha Mistry, Ms. Divyani Diwekar, and Mrs. Monika Puri led these sessions, delivering crucial information to the attendees.

## Skit Performances:

Engaging skit performances were organized at different venues within the community. These skits creatively highlighted the significance of maintaining a heart-healthy lifestyle and showcased the importance of early detection and intervention in heart-related issues. The performances were well-received by the audience and effectively conveyed the message of heart health.

### Poster Exhibition:

A poster exhibition was set up to provide visual information on various aspects of heart health. The exhibition featured informative posters on topics such as nutrition, exercise, stress management, and the signs and symptoms of heart diseases. This interactive display engaged community members and allowed them to absorb valuable information at their own pace.

#### Participants:

The event saw active participation from the BSc (N) 3rd semester batch, comprising a total of 69 students. These students played a pivotal role in organizing and conducting the activities, ensuring the smooth execution of the event. Their enthusiasm and dedication were commendable throughout the day.

### Conclusion:

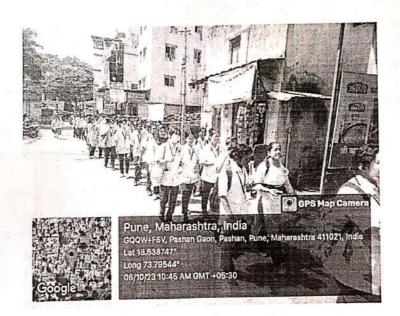
The observance of World Heart Day at the Pashan Community by the Department of Medical Surgical Nursing was a significant step in raising awareness about heart health and promoting preventive measures. The various activities, including health education sessions, skit performances, and the poster exhibition, effectively conveyed the importance of heart health to the community members.

We would like to express our sincere gratitude to Mrs. Manisha Mistry, Ms. Divyani Diwekar, and Mrs. Monika Puri for their valuable contributions in organizing and conducting these activities.

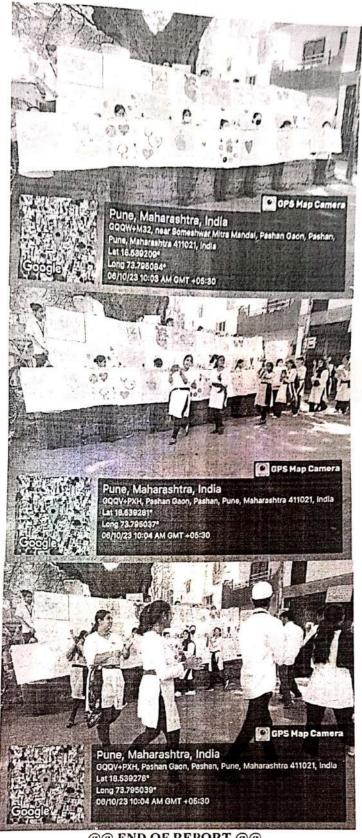
As we move forward, we hope that the knowledge and awareness shared on this World Heart Day will inspire individuals in the Pashan Community to prioritize their heart health and adopt heart-healthy lifestyles. The Department of Medical Surgical Nursing remains committed to contributing to the well-being of the community through such informative and engaging events.

Thank you to all participants, teachers, and community members who made this observance a success.

Some photographs of the day







@@ END OF REPORT @@

S.NO.	PRN	Name of the Students	Signature
35	22040221036	MAHIMA SATHYAN	Met
36	22040221037	MEHAK TARIQ	for
37	22040221038	MERIN GEORGE	Herst
38	22040221039	MIRACLE CHIDINMA	Misraely
39	22040221040	MOHD QAMAR DAMAL	( Julier
40	22040221041	MORE DIPAK	Supako
41	22040221042	NANDANA C.N	Bot-
42	22040221043	NIKITA PAREEK	William
43	22040221044	NINGREIRUM RUMTHAO	NOY.
44	22040221045	NORA CATHERIN SAJI	Aldy_
45	22040221046	PHUNTSHO DEMA	for the second
46	22040221047	RADHIMA SHARMA	Redly
47	22040221048	RAHATWILKAR AMIN	(Markith.
48	22040221049	RINCHEN CHENZOM	80
49	22040221050	RIYA MATHEW	Rul
50	22040221051	SANGAY CHODEN	GP-G-
51	22040221052	SANJAY SUBBA	Jan -
52	22040221053	SANJEEV RAI	And
53	22040221054	SAQIB AHMAD WANI	1390
54	22040221055	SAWANT AKSHEDA	
55	22040221056	SHAISTAH FARHAT	Marsh 1
56	22040221057	SHIKALGAR MONISA	shikalg are
57	22040221058	SHIVANI SREEJAN	
58	22040221059	SIMRAN VISHAV KARMA	1
59	22040221061	SINGYE WANGMO	500
60	22040221062	SONAM TSHOMO	Lake.
61	22040221063	SONAM TSHOMO	roman
62	22040221064	SUNIL PRAJAPATI	(A) (A) Fagy
63	22040221065	TASHI PEM	nith
64	22040221066	THIRZA THOMAS	
65	22040221067	TEHNIYAT SHAFI	Tolmingo
66	22040221068	UGYEN LODEY	hill 18 At
67	22040221069	UGYEN TSHERING	Watt.
68	22040221070	WALMIKI SANDHYA	(201A)
69	22040221071	JADHAV SIDDHI	(Hym)





To, The Director, Symbiosis College Of Nursing, Lavale campus, Hill base, Pune - 15

From, Mr Milind M Sanade, Tutor, Child Health Nursing, Symbiosis College Of Nursing, Lavale Hill Base,

Date -2/4/24

Subject- Regarding Autism Awareness programme

Dear Sir, Myself with Madam Surekha Sakore and 47 students of semester V (3rd Year) are going to execute a health talk on Autism spectrum Disorder creating awareness amongst the children and their Parents in the OPD section of our SUHRC hospital on 3/4/24. The details of the activity is mentioned below-

Objective - To create awareness among children and Parents .

Time- 10 Am to 12 Noon

Venue- OPD section of our Hospital

I kindly request you to give permission for the above

Thank you,

Yours Sincerely, Danade Mr Milind M Sanade, Tutor, child health Nursing, Symbiosis College of Nursing, Hill Base, Lavale campus Pune -

Please involve Dr. Anjali kher HOD & Paedialic dept.

# SYMBIOSIS COLLEGE OF NURSING (SCON)

Symbiosis International (Deemed University), SIU

Department of Child Health Nursing Along with 5th Semester students of Symbiosis College of Nursing solicit your presence On Wednesday,3rd April 2024

Time: 12:00 - 12.40 PM

To observe

World Autism Awareness Day -2024

Theme: Empowering Autistic Voices'

Venue: SUHRC, Paediatric OPD

# SYMBIOSIS COLLEGE OF NURSING (SCON)

World Autism Awareness Day -2024

Theme: Empowering Autistic Voices'

Wednesday, 3<sup>rd</sup> April 2024

Time: 12:00 - 12.40 PM

Venue: SUHRC, Paediatric OPD

Theme: Empowering Autistic Voices'

# Programme Schedule

Time	Programme	
11.00-11.30am	Preparation	100
11.30-12.00 pm	Poster exhibition	n,
12.00-12.30 pm	Health education with skit	
12.30-12.35 pm	Speech by Dr. Sonopant G Joshi (Director SCON)	
12.40 pm	Closure	

# Symbiosis College of Nursing (SCON)

World Autism Awareness Day -2024

Theme: Empowering Autistic Voices'

#### REPORT

Department of Child Health Nursing- World Autism Awareness Day Report

Date: 3rd April 2024

Time: 12:00 - 12.40 PM

Venue: SUHRC, Paediatric OPD

## Introduction:

The Department of Child Health Nursing Celebrated World Autism Awareness Day on Wednesday,3rd April 2024 at the SUHRC Paediatric OPD. The event was a resounding success, with a variety of activities designed to promote Autism awareness among the parents. The activities were conducted by dedicated teachers and enthusiastic students from the BSc (N) 5th semester batch.

#### **Activities:**

Poster Exhibition: A poster exhibition was set up to provide visual information on various aspects of Autism awareness. The exhibition featured informative posters on topics such as what is Autism, the causes, signs and symptoms of Autism and how to manage the child. This interactive display engaged parents and allowed them to absorb valuable information at their own pace.

Health education with Skit Performances: The students gave health education about Autism and explained the sign and symptoms and management of Autism performing a skit. This skit creatively highlighted the significance of Autism awareness and showcased the importance of early detection and intervention of child with Autism. The performances were well-received by the audience and effectively conveyed the message.

Participants: The event saw active participation from the BSc (N) 5 th semester batch, comprising a total of 47 students. These students played a pivotal role in organizing and conducting the activities, ensuring the smooth execution of the event. Their enthusiasm and dedication were commendable throughout the day

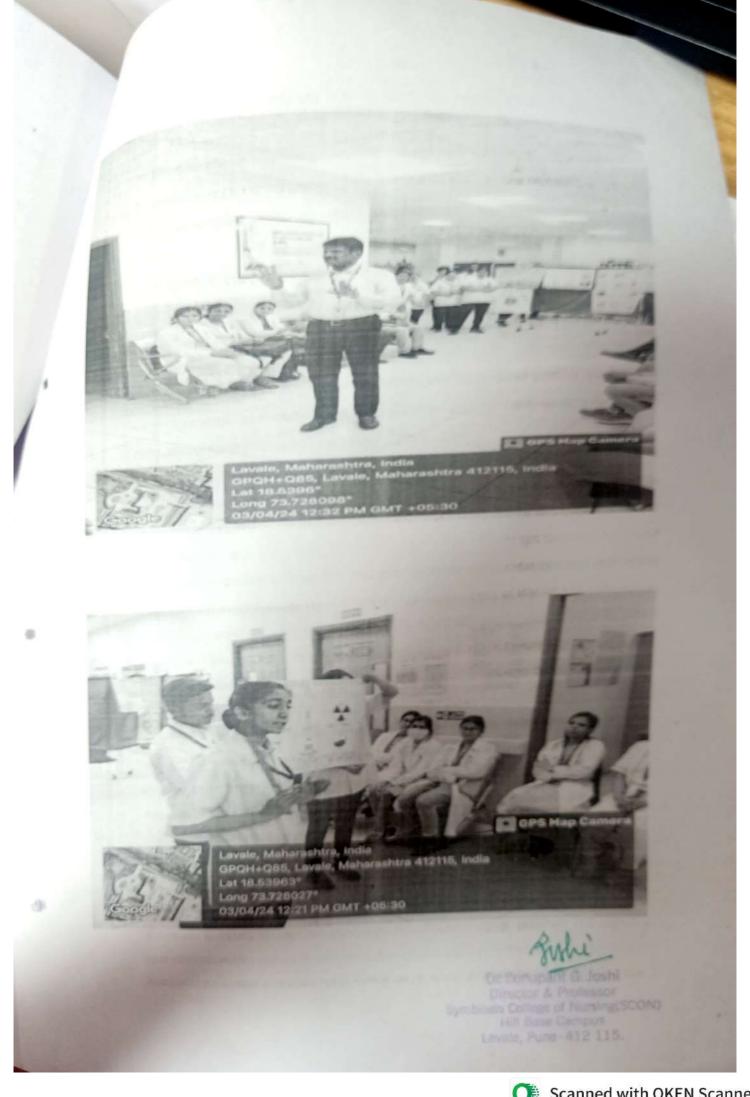
Conclusion: The observance of World Autism Awareness Day at SUHRC, Paediatric OPD by the Department of Child Health Nursing was a significant step in raising awareness about Autism and promoting preventive measures. The various activities, including health education sessions, skit performances, and the poster exhibition, effectively conveyed the importance of Autism awareness to the Parents. We would like to express our sincere gratitude to Mrs. Surekha Sakore and Mr. Milind Sanade for their valuable contributions in

organizing and conducting these activities. As we move forward, we hope that the knowledge and awareness shared on this World Autism Awareness Day will inspire the parents to prioritize their Children's health and their behaviour. The Department of Child health Nursing remains committed to contributing to the well-being of the Child health through such informative and engaging events. Thank you to all participants, teachers, and parents who made this observance a success.

Some photographs of the day







# SYMBIOSIS COLLEGE OF NURSING (SCON) World Autism Awareness Day -2024 BSc Nursing V Semester

Date:3<sup>rd</sup> April 2024

ir No	Name of students	Signature
21040221001	Aine Jolse	No.
21040221002	Alan Mathew	1000
21040221003	Alishiba Timothy Tiwade	<b>1</b>
21040221004	Bacche Sakshi Ankush	E-
21040221005	Baine Jolse	dan
21040221006	Bangar Shruti Ramdas	Barne
21040221007	Bincy Mathew	Tun
21040221008	Bishaka Shrestha	Silli
21040221009	Dethe Nupur Suresh	1300
21040221010	Diya J	-12.
21040221011	Dodsa Mariam Mathew	is.
21040221012	Gaikwad Swapnil Pravin	Carpet
21040221013	Haani Arai	Hamiles
21040221014	Hemant Chopde	Harrant
21040221015	Jadhay Om Balasaheb	Badres
21040221016	Jaison C John	Jalais
21040221017	Jehoshua J Abraham	11.6
21040221018	Joshina George Mathew	- Berluna
21040221019	Josna Anna Mathew	Roser
21040221020	Krishna Pyne	Pex
21040221021	Kumbhar Dhiraj Kundalik	Sharet Land
21040221022	Lalani Nazmin Pyarali	(Nouluis
21040221023	Mane Saniya Shankar	- DAY
21040221024	Megha Saju	Aughaf.
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21040221025	Patil Krishna Santosh	
21040221020	Pote Payal Bandu	Payas
21040221027	Priyanshi Gurjar	
	Rai Archana Anup	1 Pos
21040221029	Ravikant Prabhakar	autear
21040221030	Riya Elza Renjan	Prop.
21040221031	Sasane Abhiya Santosh	John
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21040221039	Subin Saji	lurer.
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21040221042	Warunkar Arfan Ayub	dungs
21040221043	Sunayana Bajgain	Assir
21040221044	Anshu Bista	andy
21040221045	Annu Karn	Cons
21040221046	Renu Kumari	Achavan
21040221048	Chavan Ashish Sanjiv	CL-RO
21040221049	Lalbige Shifa Ravindra	Shirt

Mangesh Jabade <mangesh@scon.edu.in>

# Proposal on observation of National Deworming Day as well as World Pulses Day

1 message

Mon, Feb 19, 2024 at 11:14 AM

Mangesh Jabade <mangesh@scon.edu.in> To: DIRECTOR- SCON <director@scon.edu.in> Cc: Jasneet Kaur <jasneetkaur@scon.edu,in>, Ranjana Chavan <ranjanachavan@scon.edu.in>, pratik salve cpratik.salve@scon.edu.in>, Prachi Jadhav cpratik.salve@scon.edu.in>, meghana kamble <meghana.kamble@scon.edu.in>

Respected Sir,

Greetings of the day ...

Department of Community Health Nursing planning to observe National Deworming Day as well as World Pulses Day on 20th February 2024 at Sahydri International School, Pashan, Pune.

Kindly find out the proposal of the Deworming Day as well as World Pulses Day programme for your kind perusal,

Thanks & Regards

Dr. Mangesh V. Jabade Assistant Professor Symbiosis College of Nursing, Pune

Proposal- Dewarming Day & Pulses Day\_20.02.2024.docx

EVENT NAME: Observation on National Deworming Day

Theme: "Eliminate STH: Invest in a healthier future for children"

# **Activities of Community Health Department, SCON:**

Date: 20 February 2024

Day: Tuesday

Time: 10 am - 3 pm

Venue: Sahydri International School, Pashan, Pune

Group: School students

- Faculty Name:
  - 1. Dr. S. G. Joshi
  - Dr. Jasneet Kaur
  - 3. Dr. Mangesh Jabade
  - 4. Dr. Ranjana Chavan
  - 5. Ms. Meghana Kamble
  - 6. Mr. Pratik Salve
  - 7. Ms. Prachi Jadhav

#### Student:

B.Sc. Nursing V semester

On 20<sup>th</sup> February 2024, B.Sc. Nursing V semester had performed chart exhibition as well as Health Talk for the Observation on National Deworming Day.

National Deworming Day (NDD) is an annual initiative in India launched by the Ministry of Health and Family Welfare (MoHFW) to address the issue of soil-transmitted helminthiasis (STH) among children. The National Deworming Day will be celebrated on February 10th, 2024.

STHs, commonly known as intestinal worms, are parasitic worms transmitted through contaminated soil and can cause significant health problems, including malnutrition, anemia, and impaired cognitive development.

On the 10th of February 2024, India observes National Deworming Day (NDD), an annual initiative spearheaded by the Ministry of Health and Family Welfare (MoHFW) to combat soil-transmitted helminthiasis (STH) among children. This crucial day emphasizes the importance of deworming programs in safeguarding the health and well-being of the younger generation, fostering a proactive approach to address and prevent parasitic infections, and ensuring a brighter and healthier future for India's children.

National Deworming Day (NDD) is a crucial initiative with several significant implications for India's children and public health:

- STH infections are highly prevalent in India, affecting millions of children. These
  infections can lead to various health problems, including anemia, malnutrition,
  impaired cognitive development, and stunted growth.
- NDD plays a critical role in reducing the prevalence of STH infections by administering deworming medication to a large number of children.
- This significantly improves children's health and well-being, enabling them to reach their full potential.
- Deworming children helps address health issues caused by STH infections, such as anemia and malnutrition.
- This results in improved physical and cognitive development, leading to better learning outcomes and school attendance.
- NDD contributes to a healthier and more educated future generation, which is vital for India's social and economic development.
- The program's large-scale implementation ensures maximum impact and efficient use of resources.
- NDD involves the active participation of various stakeholders, including teachers, Anganwadi workers, community leaders, and volunteers.

Overall, National Deworming Day serves as a powerful tool for improving child health, promoting education, and building a healthier and more productive future for India.

#### **Event Photos:**













Director & Professor Symbiosis College of Nursing(SCON) Hill Base Campus Lavale, Pune-412 115

# **Appreciation Letter from school:**



Ref No.:

# SOMESHWAR FOUNDATION Sahyadri International School

(Govt. Recognised)

Pashan, PUNE- 411021. Ph: 25865540 / Kothrud pune- 411029. Ph: 25389291 Website: sahyadriinternational.edu.in E-mail: someshwarfoundations@rediffmail.com

Shri. Vinayak Mahadeo Nimhan Mrs. Swati Vinayak Nimhan DIRECTOR FOUNDER

Mrs. Swale Pawar. PRINCIPAL

Date: 29/0.2/2024

To.

The Director.

Symbiosis College of Nursing, Punc.

Subject: Appreciation letter - reg

Respected Sir.

It is my great pleasure and honor to send a note of appreciation.

It is indeed great support from Symbiosis College of Nursing and your team of teachers as well as students to support for observe National Deworming Day as well as World Pulses Day programme organized at Sahydri International School, Pashan, Pune on 20/02/2024.

Following faculty members from Symbiosis College of Nursing and Fifth Semester B.Sc. Nursing students has supported for this programme,

Dr. S.G. Joshi

Dr. Jasneet Kaur

Dr Mangesh Jahade

Dr. Ranjana Chavan

Mr. Pratik Salve

Ms. Meghana Kamble

Thanks and repards

Principal Sahyadri International School Pashan , Pune Secondary

# Symbiosis College of Nursing, Pune B.Sc. Nursing Semester - V Community Health Nursing Event Name: National Deworming Day

Date: 20.02.2024

SR. NO.	PRN's	NAMES OF STUDENTS	Signature
	21040221001	AINE JOLSE	Air
1	21040221001	ALAN MATHEW	at
2	12.000 (10.000 m)	ALISHIBA TIMOTHY TIWADE	Alfmada
3	21040221003	BACCHE SAKSHI ANKUSH	Chesteres
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8	. 21040221008	BISHAKA SHRESTHA	150
9	21040221009	. DETHE NUPUR SURESH	a Dr
10	21040221010	DIYA J	Godsu-
11	21040221011	DODSA MARIAM MATHEW	AR
12	21040221012	GAIKWAD SWAPNIL PRAVIN	-Howitie
13	21040221013	HAANI ARAI	Howardchen
14	21040221014	HEMANT CHOPDE	dim
15	21040221015	JADHAV OM BALASAHEB	1
16	21040221016	JAISON C JOHN	Jaines -
17	21040221017	JEHOSHUA J ABRAHAM	Caghines
18	21040221018	JOSHINA GEORGE MATHEW	Josh
19	21040221019	JOSNA ANNA MATHEW	
20	21040221020	KRISHNA PYNE	+Pyna
21	21040221021	KUMBHAR DHIRAJ KUNDALIK	Mahan
22	21040221022	LALANI NAZMIN PYARALI	Olive
23	21040221023	MANE SANIYA SHANKAR	Lane
24	21040221024	MEGHA SAJU	Way
25	21040221025	MEMANA MELBIN WILSON	Jan
26	21040221026	PATIL KRISHNA SANTOSH	Podi
27	21040221027	PAÝAL BANDU POTE	Payapere
28	21040221028	PRIYANSHI GURJAR	AL.
29	21040221029	RAI ARCHANA ANUP	Hai
30	21040221030	RAVIKANT PRABHAKAR	AB
31	21040221031	RIYA ELZA RENJAN	true.
32	21040221033	SASANE ABHIYA SANTOSH	Majo
33	21040221034	SATRE PRANOTI DHANAJI	Fall-4
34	21040221035	SHERLIN SABU	Shorten
35	21040221036	SHIRKE ROSHNI PRATAP	Phine
36	21040221037	SHRISUNDAR SAMUEL IZAK	
37	21040221038	SHRITI SANJU	Slutz
38	21040221039	SUBIN SAJI	Rues
39	21040221040	TENZEE YANKEE LAMA	Times
40	21040221041	THORAT ADITYA RAHUL	Short
41	21040221042	WARUNKAR ARFAN AYUB	AB
42	21040221043	SUNAYANA BAJGAIN	AUNIS
43	21040221044	ANSHU BISTA	Austr
44	21040221045	ANNU KARN	draw
45	21040221046	RENU KUMARI	200
46	21040221047	CHAVAN ASHISH SANJIVKUMAR	A Company
_ 47	21040221048	LALBIGE SHIFA RAVINDRA	Sila

Dr. Sonopant G. Joshi Director & Professor Symbiosis College of Nursing(SCON) Hill Base Campus Lavale, Pune-412 115.

Supervisor Sign

#### Dr. Ranjana Chavan <ranjanachavan@scon.edu.in>

#### Health Enlightenment Programme-reg

3 messages

Ranjana Chavan <ranjanachavan@scon.edu.in>

Wed, Nov 22, 2023 at 1:15 AM

To: director < director@scon.edu.in>

Cc: Kalpana Sawane <jasneetkaur@scon.edu.in>, Mangesh Jabade <jabade.mangesh87@gmail.com>, pratik.salve@scon.edu.in, prachi.jadhav@scon.edu.in

Respected Sir

This is to inform you that the Community Health Nursing department is proposed to conduct a Health Enlightenment Programme on 23 Nov, 2023 at Sahdev Eknath Nimhan Health Centre, Pashan.

On this occasion, the CHN department cordially invites you to grace the event with your presence.

Herewith I am forwarding the Programme schedule and proposal of health Enlightenment programme.

It is requested that you may kindly give approval for the same.

#### Programme Schedule

#### Health Enlightenment Programme

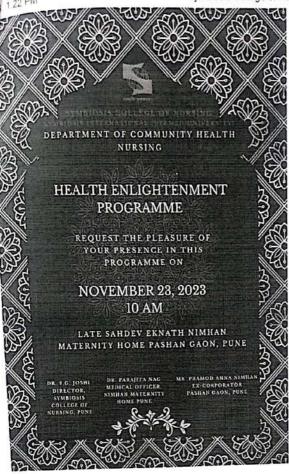
Date: 23/11/23

Venue: Sahdev Eknath Nimhan Health Centre, Pashan

Sr. No	Time	Particular	
1.	10.00 am to 10.10am	Inauguration	
2.	10.10 am to 10 20 am	Welcome note	
3.	10.20 am -10.30 am	Felicitation of Guests	
4.	10.30 am -11.00 am	Skit on Pancreatic Cancer	
5.	1	Role play on Antibiotic Awareness	
6.	_	Skit on Prevention of Vector Borne Disease	
7.	11am to 11.30 am	Exhibition of Audio visual Aids on health enlightenment programme	

With Regards,

Dr. Ranjana Chavan Assistant Professor Symbiosis College of Nursing Symbiosis International (Deemed University) Mob. no. 9892831879



#### 4 attachments

- pancriatic proposal.docx 33K
- vector born proposal.docx 39K
- copd praposal.docx 39K
- antibiotic proposal.docx 34K

DIRECTOR- SCON <director@scon.edu.in>

Wed, Nov 22, 2023 at 1:17 AM

To: Ranjana Chavan <ranjanachavan@scon.edu.in>

Cc: Kalpana Sawane <jasneetkaur@scon.edu.in>, Mangesh Jabade <jabade.mangesh87@gmail.com>, pratik.salve@scon.edu.in, prachi.jadhav@scon.edu.in

Dear Dr Ranjana

Programme Approved

#### Thanks and Warm Regards

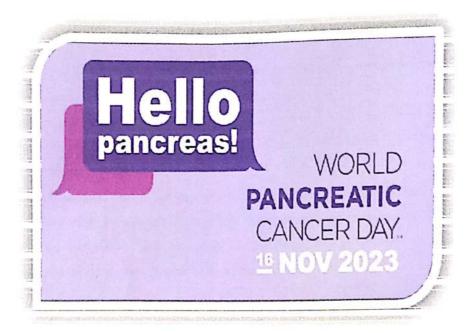
Dr Sonopant. G. Joshi M Sc (N) M Sc (DM) Ph D DIRECTOR & PROFESSOR Symbiosis College Of Nursing Pune (Maharashtra) INDIA Member Secretary - Institutional Ethics Committee - SIU

Tel - +91-20-66975051,52 Web: www.scon.edu.in Vidwan - https://vidwan.inflibnet.ac.in/profile/43451 Orcid- https://orcid.org/0000-0001-8298-8689 Publons -- https://publons.com/wos-op/dashboard/settings/profile/ --

Dr. Sonopant G. Joshi Director & Professor Symbiosis College of Nursing(SCON) Hill Base Campus Lavale, Pune-412 115.

https://mail.google.com/mail/u/0/?ik=8ff131e925&view=pt&search=all&permthid=thread-a:r6891693417364793734&simpl=msg-a:r356805900120... 2/3

## REPORT ON WORLD PACREATIC CANCER DAY 2023



#### **Activities:**

- 1. Students are going to perform the skit and act related to pancriatic cancer.
- 2. The model presentation related to anatomy and physilogy of pancreas.
- 3. Display the flash card and chart presentation, pamphlet distribution regarding awareness of pancreatic cancer.

THEME: "Breathe Beyond Limits; Inhale Courage and Exhale Fear!"

## **General Details**

Title of programme - Health awareness

programmeDate - 23/11/23

Time - 10:00 am to 12:30 pm

Location - Primary Health Centre Pashan

Name of the college: Symbiosis Collage of Nursing

Name of the supervisors: Dr. Jasnet Kaur, Dr. Ranjana Chavan, Dr. Mangesh

Jabade, Mr. Pratik Shavan.

Audience: Pashan community

peoplesLanguage: Marathi and

Hindi Participants/ presenters: -

#### Group 3

- 1) Parbata Chhetri
- 2) Pemba Lham
- 3) Ruben sam
- 4) Rintu sara Raji
- 5) Ravichandra B Zore
- 6) Rahul Satre
- 7) Shalom mariyam jose
- 8) Pooja Rathore
- 9) Ruksha khatun
- 10) Nilophar Shaikh

Dr. Sonopant G. Jeshi Director & Professor viosis College of Nursi

Hill Base Campus Lavale, Pune-412 1 5 The persistent underfunding and perception of 'difficult-to-treat pancreatic cancer' are reflected in the fact that survival rates (3-8%) have not improved in nearly five long decades.

Pancreatic cancer screening is an essential step towards early identification, necessitating increased public awareness and comprehension of the disease.

Pancreatic cancer awareness month has been recognised since the early 2000s, and is denoted on the medical calendar with a purple ribbon.

### Signs and Symptoms of Pancreatic Cancer

The signs and symptoms of pancreatic cancer don't become prominent until the cancer has advanced. The following are the signs and symptoms of pancreatic cancer that are seen as the disease progresses include the following,

- Pain in the upper abdomen that moves to the back
- Appetite loss
- · Unexplained and sudden loss of weight
- · Urine with a dark colour
- New diabetes or worsening of the existing one
- · Nausea, vomiting
- Fatigue
- · Light coloured stools
- · Jaundice (yellowing on the skin and the whites of the eyes)
- · Formation of blood clots
- Itchy skin

#### Prevention

Changes in lifestyle could significantly reduce the incidence of pancreatic cancer without causing serious negative effects.

Changes in lifestyle may also enable us to remain healthier and happier. The advice comprises:

- Being in good shape, slender
- Quitting smoking and tobacco usage
- Alcohol consumption in moderation
- · Consuming fewer preserved foods containing sodium
- Consuming less red and processed meat
- Consuming more fruits and veggies

#### Other programs in the programme

Other than world pancreatic cancer other programs related to COPD, vector born disease and world antibiotic day was organized by other groups of B.Sc. Nursing 4<sup>th</sup> year they also done skit as well as explanation on this programs and create awareness regarding the above

We also go from door to door to people's house to invite them to the awareness programme before one day prior as well as half an hour before the programme

### Summary and conclusion

The Programme was organized by B.Sc. Nursing 4<sup>th</sup> year students with a lot of efforts and the Programme was success full with the support from director sir of SCON, medical officer of PHC, staffs from SUHRC, staff of Pashan PHC and under the guidance from the clinical supervisors. By the end of the awareness Programme, it seemed like the people of the Pashan community has got some basics ideas about the awareness given by the students and positively responded during the Programme.

.The Programme have promoted awareness regarding vector born disease, pancreatic cancer, COPD and antibiotics.



Dr. Sonopant G. Joshi Director & Professor

Symbiosis College of Nursing(SCON)
Hill Base Campus
Lavale, Pune-412 115.



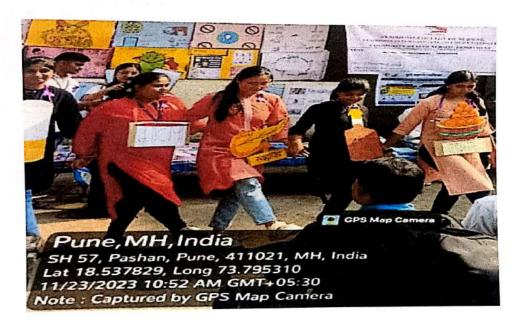
aryana Chavan Stanjanachavan@scon.edu.in.

Organization of an awareness programme by group 3

We, the students of group 3 BSC. Nursing 4th year prepared all the models, articles and AV aids before prior to the programme on 23rd November. Our group members has brought the purple ribbon and put the ribbon as the batch signifying the student members celebrating World Pancreatic Cancer day at Pashan primaryhealth centre.

The programme was majorly conducted through as explanation below;

- 1. Introduction
- 2. Skit (how pancreatic cancer develop)
- 3. Explain about the anatomy and physiology of pancreas (Model of pancreas)
- 4. Explained by an Act (causes of pancreatic cancer)
- 5. Sign and symptoms (by flash card)
- 6. prevention of pancreatic cancer (by chart)



## Importance of Pancreatic cancer awareness day

While around 82 lakhs of people die from cancer annually, 40 lakhs of them die prematurely. Given that pancreatic cancer is the 7th leading cause of cancer-related death, it is unfortunate that so few people are aware of its existence owing to the minimal attention it is getting.

> Director & Professor Symbiosis College of Nursing(SCON) Hill Base Campus Lavale, Pune-412 115.



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Dr. Souspani G. Joshi Direct it & Professor

is Cc | | a of Nursing(SCO) | Hill | | se Campus | Lavala, mine-412 115.

B.Sc. Nursing IV year (2020-24)			
SR.No.	Name of the students	PRN	Signature
1	ANCY SARA ABRAHAM	20040221001	
2	ARDADE KOMAL VASANTRAO	20040221002	
3	ATHIRA MADHU	20040221003	
4	ATTAR PAYAL HANIE	20040221004	
5	BHOSLE ADITYA RAJKUMAR	20040221005	Milwale
6	DARJI MARUF RAFIQUE AHMED	20040221006	
7	GAIKWAD GAURAV NIRMALKUMAR	20040221008	Cottostinot
8	GHULE KOMAL SHIVAJI	20040221009	Konnai
9	GRACE UGWUANEKE	20040221010	#
10	GRACE V PRABHA	20040221011	2
11	HANDE PRADNYA SURESH	20040221012	effonde.
12	HANEY K THOMAS	20040221013	44.
13	KAJAL GANPATI MANE	20040221014	
14	KAMBLE KIRAN SATISH	20040221015	Souls-
15	KATARNAWARE YASH MARKAS	20040221016	Yardy .
16	KISHAN UPADHYAY	20040221018	-
17	KONADE PRIYANKA LAXMAN	20040221019	Provade.
18	KUMBHAR PURVA BALU	20040221020	Clivia
19	LADKAT ROSHANI SUSAN RAJU	20040221021	PZ
20	LEEPAKSHI SHARMA	20040221022	Sham
21	MAKNE VIDHYADHAR PADMAKAR	20040221023	Jal-
22	MERLIN ANNA REJI	20040221024	
23	NEHA KAPURCHAND CHOPDE	20040221026	0-1
24	NEHA KUMARI JAISWAL	20040221027	Char.
25 ;	PARBATA CHHETRI	20040221028	Ry:
26	PATEL SHREY	20040221029	9
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32	RUBEN SAM	20040221035	* Lus
33	RUKSHA KHATUN	20040221036	
34	SATRE RAHUL RAMDAS	20040221037	The
35	SHAIKH NILOPHAR GAPHURBHAI	20040221038	
36	SHALOM MARIYAM JOSE	20040221039	100
37	SHARON NIXON SAMUEL	20040221040	Jour
38	SHARON TSHOMO BHATTARAI	20040221041	Surf!
39	SHINGOTE BHAGYASHRI ASHOK	20040221042	tshinger
40	SIDDHESH CHANDRAKANT PATIL	20040221043	Silingo
41	STAICY BETHESDA SHAJI	20040221044	
42	SUMANA DAS	20040221045	-44
43	TERESA SARA	20040221046	CALL SEA
44	THINLEY JAMTSHO	20040221047	'///'
45	WAGHAMBARE MANASI NILESHKUMAR	20040221048	Mansi
46	YADAV PRATHMESH RAMSAJEEVAN	20040221049	P.M. YADAV
47	YESHI JAMTSHO	20040221050	10000
34/	R		ant G. Inshi





#### Dr. Ranjana Chavan <ranjanachavan@scon.edu.in>

#### Celebration of National Safe motherhood - reg

2 messages

DIRECTOR- SCON < director@scon.edu.in>

Mon, Apr 8, 2024 at 2:36 PM

To: sconstaff@scon.edu.in>

Cc: "Dr. Sheela Upendra" <sheelaupendra@scon.edu.in>, Jasneet Kaur <jasneetkaur@scon.edu.in>

Dear all,

Symbiosis College of Nursing (SCON), Symbiosis Medical College for Women (SMCW) and SUHRC proposing to celebrate on "National Safe Motherhood Day" on April 10, 2024 in collaboration with Pune Obstetrics and Gynaecological Society (POGS).

#### Following activities are planned accordingly;

S.No	Activity	Time	Venue
1.	Poster Competition	10am	Gynec OPD SUHRC
2.	Role Play	10 am	Gynec OPD SUHRC
3.	Panel Discussion	11 am to 12:30pm	Moringa Auditorium

Following are the details of panel discussion;

Date: Wednesday, 10<sup>th</sup> April 2024

**Time**: 11 am to 12:30pm

Venue: Moringa Auditorium, 4<sup>th</sup> Floor, SMCW, Hill Base Campus, Lavale, Pune

Following are the panel members from POGS;

- 1. Dr. Arti Nimkar
- 2. Dr. Kiran Kurtkoti
- 3. Dr. Meenakshi Deshpande
- 4. Dr. Vaijayanti Patwardhan
- 5. Dr. Ashwini Kale
- 6. Dr. Nilesh Balkawade
- 7. Dr. Alka Khirsagar
- 8. Dr. Aruna Oza
- @ Dr. Janseet and Concerned coordinators to instruct the following students to attend the programme;
  - 1. BSc Nursing 4<sup>th</sup> Year
  - 2. MSc Nursing 1<sup>st</sup> Year
  - 3. MSc Nursing 2<sup>nd</sup> Year

For your kind information,

#### **Thanks and Warm Regards**

Dr Sonopant. G. Joshi  $\,\mathrm{M}\,\mathrm{Sc}\,(\mathrm{N})\,\mathrm{M}\,\mathrm{Sc}\,(\mathrm{DM})\,\mathrm{Ph}\,\mathrm{D}$ 

**DIRECTOR & PROFESSOR** 

Symbiosis College Of Nursing Pune (Maharashtra) INDIA

**Member Secretary - Institutional Ethics Committee - SIU** 

Tel - +91-20-66975051,52

Web: www.scon.edu.in

Vidwan - https://vidwan.inflibnet.ac.in/profile/43451 Orcid- https://orcid.org/0000-0001-8298-8689

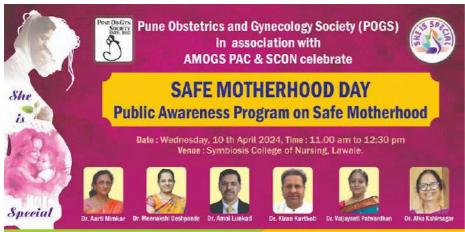
Research Gate https://www.webofscience.com/wos/author/record/K-7079-2015

Google scholar -- https://scholar.google.com/citations?authuser=3&user=Woj8VUsAAAAJ

**Scopus**- https://www.scopus.com/results/authorNamesList.uri?name=name&st1=joshi&st2=sonopant&institute=Symbiosis+College+of+Nursing&origin=searchauthorlookup

WoS- <a href="https://www.webofscience.com/wos/author/record/K-7079-2015">https://www.webofscience.com/wos/author/record/K-7079-2015</a>

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Dr. Ranjana Chavan <ranjanachavan@scon.edu.in>

Mon, Apr 8, 2024 at 2:49 PM

To: bsc2020-24@scon.edu.in

#### PLEASE ATTEND THE PROGRAMME

[Quoted text hidden]

--

With Regards,

Dr. Ranjana Chavan Assistant Professor Symbiosis College of Nursing Symbiosis International (Deemed University) Pune Mob. no. 9892831879

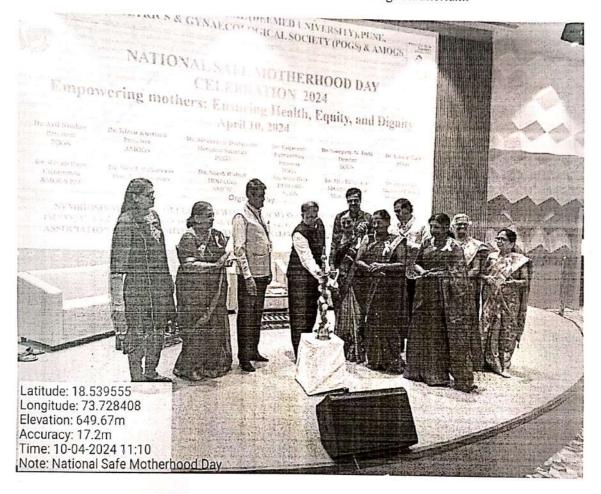
## REPORT ON NATIONAL SAFE MOTHERHOOD DAY 2024

Theme - Empowering Mothers: Ensuring Health, Equity, and Dignity

Date: 10 April 2024

Day: Wednesday

Venue: Reception Area GH, Pediatric OPD & Moringa Auditorium.



National Safe Motherhood Day, observed annually on April 11th, is a crucial occasion to highlight the importance of maternal health and well-being. As we approach the 2024 celebration, let's delve into its significance, potential themes, and ways to ensure a brighter future for mothers and children.

The program held in Association of Maharashtra Obstetrics & Gynecology Societies-Public Awareness Committee, Symbiosis Medical College for Women (SMCW), Symbiosis University Hospital & Research Centre (SUHRC), and Symbiosis College of Nursing (SCON) welcomed all for the celebration of National Safe Motherhood Day 2024.

"Empowering Mothers: Ensuring Health, Equity, and Dignity." This theme emphasizes the importance of empowering mothers by ensuring their access to quality healthcare, addressing disparities in maternal health outcomes, and upholding their dignity throughout the childbirth, process. Through this theme, we would like to highlight the need for comprehensive support systems that prioritize the well-being of mothers and their babies, ultimately contributing to Joshi

Director & Professor Symbiosis College of Nursing(SCON) Hill Base Campus Lavale, Pune-412 115.



## healthier families and communities.

- Dr. Arti Nimkar, President, Pune Obstetrics & Gynecology Society
- Dr. Kiran Kurtkoti, President Association of Maharashtra OG Societies
- Dr. Meenakshi Deshpande, Honory Secretary POGS
- Dr. Vaijayanti Patwardhan, Treasurer, POGS
- Dr. S G Joshi, Director SCON
- Dr. Ashwini Kale, POGS
- Dr. Revati Rane, Public Awareness Committee AMOGS
- Dr. Nilesh Balkawade, Honory Joint Secretary AMOGS
- Dr. Nilesh Risbud, HOD OBG Symbiosis Medical College for Women
- Dr. Seeta Devi, HOD OBG Symbiosis College of Nursing
- Dr. Alka Kshirsagar, Managing Council member POGS
- Dr. Aruna Oza, , Managing Council member POGS

#### Coordinating Faculty:

- 1. Ms Payal Bhagat. Tutor, SCON
- Ms. Joyce Mathiwanan



PUNE OBSTETRICS & GYNAECOLOGICAL SOCIETY (POGS) & PORTUGE OF THE PUNE OBSTETRICS & GYNAECOLOGICAL SOCIETY (POGS) SYMBIOSIS INTERNATIONAL (DEEMED UNIVERSITY), PUNE





## NATIONAL SAFE MOTHERHOOD DAY **CELEBRATION 2024**

## Empowering mothers: Ensuring Health, Equity, and Dignity April 10, 2024

Dr. Arti Niiokar Dr. Kiran Kurtketi Dr. Meenakshi Deshpande Dr. Valiavanti President Dr. Sonopant, G. Joshi Dr. Ashwini Kale President Gen Secretary POGS Patwardhan AMOGS POGS POGS Treasurer SCON POGS Dr. Sceta Devi Dr. Revati Rane Dr. Nilesh Risbud Dr. Nilesh Balkawade Dr. Alka Kshirsagar Chairperson AMOGS PAC Dr. Aruna Oza Hon. Joint Secretary HOD OBG Managing Council Member, POGS HOD OBG AMOGS SMCW POGS SCON Organized by

SYMBIOSIS MEDICAL COLLEGE FOR WOMEN (SMCW) SYMBIOSIS COLLEGE OF NURSING (SCON) IN COLLABORATION WITH PUNE OBSTETRICS & GYNAECOLOGICAL SOCIETY (POGS), ASSOCIATION of MAHARASHTRA OBSTETRICS & GYNAECOLOGICAL SOCIETIES (AMOGS) PAC

#### Program Agenda

#### National Safe Motherhood Day Celebration -2024

Theme - "Empowering Mothers: Ensuring Health, Equity, and Dignity."

Organized by Symbiosis Medical College for Women (SMCW) Symbiosis College of Nursing (SCON) in collaboration with Pune Obstetrics & Gynecological Society (POGS)

#### PROGRAMME SCHEDULE

Wednesday, 10th APRIL 2024, Time: 11.00 am Venue: Moringa Auditorium, 4th Floor, Hill Base Campus, SUHRC, SIU, Lavale, Pune

#### MINUTE TO MINUTE PROGRAMME

Time	Event	
1030 hrs.	Refreshments at Moringa Auditorium, 4th Floor, SUHRC.	
1100 hrs.	Welcome & Inaugural Ceremony	
1100-1105 hrs.	Lighting of the lamp by Dignitaries	
1106-1115 hrs.	Guest Lecture by Dr. Meenakshi Deshpande on Pre-conceptional Care	
1116-1125 hrs.	Guest Lecture by Dr. Kiran Kurtkoti on Antenatal Care	
1126-1225 hrs.	Panel Discussion on Managing Obstetric Complications  Moderator: Dr. Vaijayanti Patwardhan	
1226-1230 hrs.	Felicitation & Group Photograph	
1230 hrs.	Vote of Thanks	

#### INAUGRATION

Program started with inauguration and lamp lighting as we illuminate the path towards safe motherhood, let this auspicious lamp symbolizeour collective commitment to brightening the lives of mothers everywhere, ensuring their journey is guided by love, support, and unwavering care.

Requested distinguished dignitaries to inaugurate the event by lighting the lamp.

Dr. Arti Nimkar, Dr. Kiran Kurtkoti, Dr. Meenakshi Deshpande, Dr. Vaijayanti Patwardhan, Dr. S G Joshi, Dr. Ashwini Kale, Dr. Revati Rane, Dr. Nilesh Balkawade, Dr. Nilesh Risbud, Dr. Seeta Devi, Dr. Alka Kshirsagar and Dr. Aruna Oza.

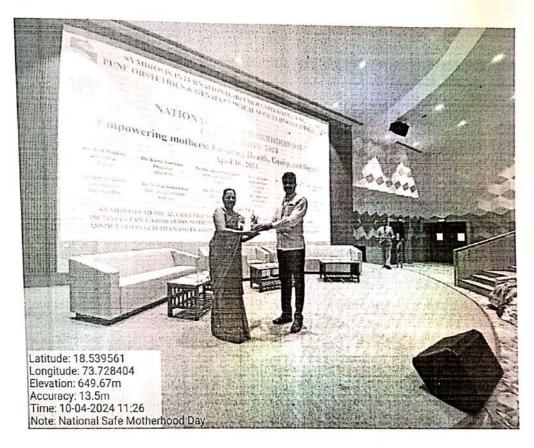


Symblosis College of Nursing(\$00N) Hill Base Camous Levals, Pune 412 115

#### **GUEST LECTURE**

Dr. Meenakshi Deshpande, General Secretary, Pune Obstetrics & Gynecology Society (POGS) started lecture on preconception care

Preconceptional care, often overlooked yet crucial, lays the foundation for healthy pregnancies and births. It involves optimizing health and addressing potential risks before conception occurs. With honored to have a distinguished expert who will enlighten us on the significance of preconceptional care in ensuring the well-being of both prospective parents and future generations.



#### **GUEST LECTURE**

Antenatal care is a vital component of ensuring the health and well-being of both expectant mothers and their babies. It encompasses a series of medical check-ups, screenings, and guidance provided by healthcare professionals throughout pregnancy. Dr. Kiran Kurtkoti, President Association of Maharashtra OG Societies gien lecture on Antenatal Care

## PANEL DISCUSSION

Panel discussion Started on managing obstetric complication.

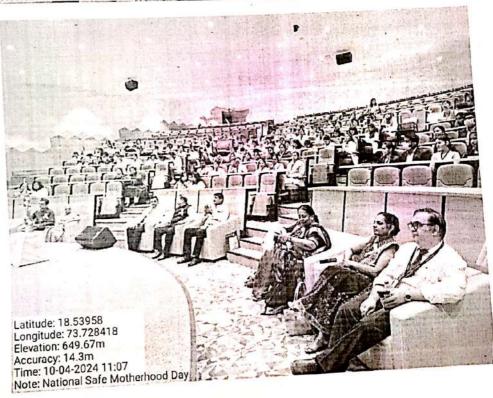
Chairperson was Dr. Vaijayanti Patwardhan and the panel discussion were members:

- Dr. Arti Nimkar, Dr. S G Joshi, Dr. Ashwini Kale, Dr. Revati Rane, Dr. Nilesh Balkawade, Dr. Seeta Devi, Dr. Alka Kshirsagar and Dr. Aruna Oza.

Dr. Vaijayanti Patwardhan is the treasurer of POGS, the first lady president of IMA Pune, a consutant gynaecologist, marriage and relationship counsellor, public speaker, medical and social writer. She is a recipient of many prestigious awards including Lokmat Hirkani Puraskar, Dadasaheb Phalke Award for debut direction, Anandibai Joshi Puraskar, Sahitya Parishad and Navdurga Puraskar. Madam is a national level trainer for all RCH, family planning trainings of GOI.







### Panel Discussion

panel discussion provided with a base which will help to build a strong foundation for developing effective obstetrical and midwifery skills.

## Token of appreciation were given to

- Dr. Vaijayanti Patwardhan
- Dr. Arti Nimkar
- Dr. Ashwini Kale
- Dr. Revati Rane
- Dr. Nilesh Balkawade
- Dr. Alka Kshirsagar
- Dr. Aruna Oza.



Director & Professor Symbiosis College of Nursing(SCON) Hill Base Campus Lavale, Pune-412 115.



At the end of program Vote of thanks Given by Ms. Joyce Mathivanan.

Director & Professor
Symbiosis College of Nursing(SCON)
Hill Base Campus
Lavals, Pune-412 115.

## REPORT ON NATIONAL SAFE MOTHERHOOD DAY 2024

Date: 10 April 2024 Day: Wednesday

SR.NC	THE STUDENTS	SIGNATURE
1.	ANCY SARA ABRAHAM	dnut
2. ARDADE KOMAL VASANTRAO		Kaund
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57.	RAHATE NILIMA SHASHIKANT	Melana
58.	RIMSHA KHAN	1
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61.	TAMBOLI AYESHA RUSTUM	Roubeh
62.	THOPTE VISHAL NARAYAN	Michael
63.	SURAJ DIWATE	Strait
64.	RITIKA DIMRI DHASMANA	Netres
65.	ARTI GAIKWAD	Dairenson
66.	KAJAL MORE	is al

#### Dr. Ranjana Chavan <ranjanachavan@scon.edu.in>

#### Health Enlightenment Programme-reg

3 messages

Ranjana Chavan <ranjanachavan@scon.edu.in>

Wed, Nov 22, 2023 at 1:15 AM

To: director < director@scon.edu.in>

Cc: Kalpana Sawane <jasneetkaur@scon.edu.in>, Mangesh Jabade <jabade.mangesh87@gmail.com>, pratik.salve@scon.edu.in, prachi.jadhav@scon.edu.in

Respected Sir

This is to inform you that the Community Health Nursing department is proposed to conduct a Health Enlightenment Programme on 23 Nov, 2023 at Sahdev Eknath Nimhan Health Centre, Pashan.

On this occasion, the CHN department cordially invites you to grace the event with your presence.

Herewith I am forwarding the Programme schedule and proposal of health Enlightenment programme.

It is requested that you may kindly give approval for the same.

#### Programme Schedule

#### Health Enlightenment Programme

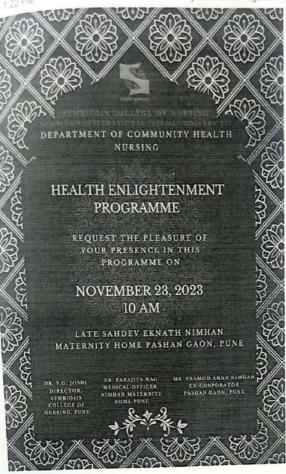
Date: 23/11/23

Venue: Sahdev Eknath Nimhan Health Centre, Pashan

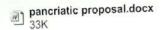
Sr. No	Time	Particular	
1.	10.00 am to 10.10am	Inauguration	
2.	10.10 am to 10 20 am	Welcome note	
3.	10.20 am -10.30 am	Felicitation of Guests	
4.	10.30 am -11.00 am	Skit on Pancreatic Cancer	
5.	1	Role play on Antibiotic Awareness	
6.	_	Skit on Prevention of Vector Borne Disease	
7.	11am to 11.30 am	Exhibition of Audio visual Aids on health enlightenment programme	

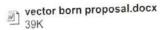
With Regards,

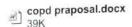
Dr. Ranjana Chavan Assistant Professor Symbiosis College of Nursing Symbiosis International (Deemed University) Mob. no. 9892831879



#### 4 attachments







antibiotic proposal.docx 34K

DIRECTOR- SCON < director@scon.edu.in>

Wed, Nov 22, 2023 at 1:17 AM

To: Ranjana Chavan <ranjanachavan@scon.edu.in>

Cc: Kalpana Sawane <jasneetkaur@scon.edu.in>, Mangesh Jabade <jabade.mangesh87@gmail.com>, pratik.salve@scon.edu.in, prachi.jadhav@scon.edu.in

Dear Dr Ranjana

Programme Approved

#### Thanks and Warm Regards

Dr Sonopant. G. Joshi M Sc (N) M Sc (DM) Ph D DIRECTOR & PROFESSOR Symbiosis College Of Nursing Pune (Maharashtra) INDIA Member Secretary - Institutional Ethics Committee - SIU

Tel - +91-20-66975051,52 Web: www.scon.edu.in Vidwan - https://vidwan.inflibnet.ac.in/profile/43451 Orcid- https://orcid.org/0000-0001-8298-8689 Publons -- https://publons.com/wos-op/dashboard/settings/profile/ --

Dr. Sonopant G. Joshi Director & Professor Symbiosis College of Nursing(SCON) Hill Base Campus Lavale, Pune-412 115.

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## SYMBIOSIS COLLEGE OF NURSING REPORT ON HEALTH AWARENESS PROGRAMME ON VECTOR BORNE DISEASES



#### SUBMITTED BY:

Neha Kumari Jaiswal, Kishan Upadhyay, Roshani Ladkat, Leepakshi Sharma, Kajal Ganpati Mane, Kiran Kamble, Makne Patil, Merlin Anna Reji, Neha Chopade, Pratiksha Rajput, Purva Kumbhar, Yash Katarnaware and Priyanka Konade

# Awareness Programme on Prevention of Vector Born Disease.

#### Introduction:

The National Vector Borne Disease Control Programme (NVBDCP) is an umbrella programme for prevention and control of vector borne diseases viz., malaria, lymphatic filariasis, kala azar, Japanese encephalitis (JE), dengue/dengue hemorrhagic fever (DF/DHF) and chikungunya.

Vector-borne diseases are human illnesses caused by parasites, viruses and bacteria that are transmitted by vectors. Every year there are more than 700,000 deaths from diseases such as malaria, dengue, schistosomiasis, human African trypanosomiasis, leishmaniasis, Chagas disease, yellow fever, Japanese encephalitis and onchocerciasis.

The burden of these diseases is highest in tropical and subtropical areas, and they disproportionately affect the poorest populations. Since 2014, major outbreaks of dengue, malaria, chikungunya, yellow fever and Zika have afflicted populations, claimed lives, and overwhelmed health systems in many countries. Other diseases such as Chikungunya, leishmaniasis and lymphatic filariasis cause chronic suffering, life-long morbidity, disability and occasional stigmatisation.

#### **Objectives:**

- · To aware the various diseases due to Vectors
- Community Engagement: Engage communities through campaigns, workshops, and informational materials to promote awareness and understanding of prevention of vector borne diseases
- To sensitize the public about preventing strategies for vector borne diseases

#### **Team Members:**

- Dr S.G.Joshi
- Dr.Jasneet Kaur
- Dr.Ranjana Chavan
- Dr. Mangesh Jabade
- Mr. Pratik Salve
- Miss Prachi Jadhav

Dr. Sonopant G. Joshi Director & Professor Symbiosis College of Nursing(SCON) Hill Base Campus Lavale, Pune-412 115.

Marco Allino Kannida Malan, Politi Merca Anna

Wed. Nov 22 -

#### **Activities:**

1. Skit Performance on Awareness Programme on Prevention of Vector Born Disease.

2. Showcase the model.

3. Poster and flash card presentation and pamhlets distribution.

4. Diet exhibition.

## **General Details**

Date of the event: 23rd November 2023

Time of the event: 10: 30 am to 12:00 pm

Event venue: Pashan Primary Health Centre (PHC)

Set up/purpose: Health Awareness Programme

Participants/ presenters: B.Sc. 4th Year Group 4 Students

Duration of the events: 30 minutes each group

Event name: VECTOR BORNE DISEASES

Category/ subject: Community Health Nursing- II

Name of the college: Symbiosis College of Nursing (SCON)

Name of the supervisors: Dr. Jasnet Kaur, Dr. Ranjana Chavan, Dr. Mangesh Jabade, Mr. Pratik

Shavan.

Audience: Pashan community people

Language: Hindi, Marathi

#### INTRODUCTION

An awareness program was conducted by Students of Symbiosis College of Nursing on 23<sup>Rd</sup> November, 2023.

Vector-borne diseases are a significant public health concern, impacting millions of people worldwide. These diseases are transmitted to humans through the bite of infected vectors, such as mosquitoes, ticks, fleas, and flies. Understanding the dynamics of vector-borne diseases is crucial for effective prevention and control efforts. In this discussion, we will explore the characteristics

Dr. Sonopant G. Joshi Director & Professor Symbiosis College of Nursing(SCON) Hill Base Campus

Lavale Pune-412 115

of vector-borne diseases, the vectors involved, common examples, and the global health implications.

### **Characteristics of Vector-Borne Diseases:**

Vector-borne diseases are caused by pathogens, including viruses, bacteria, and parasites, that are transmitted from one host (usually an animal) to another (usually humans) through the bite of an infected vector. The most common vectors include mosquitoes, ticks, fleas, and sand-flies. These vectors play a crucial role in the transmission cycle of the pathogens, allowing them to replicate and develop within the vector's body before being transmitted to a new host. The dynamics of vector-borne diseases are influenced by various factors, including environmental conditions, climate, human behaviour, and the availability of suitable habitats for both the vectors and their hosts. For instance, the breeding and survival of mosquitoes, responsible for diseases like malaria and dengue fever, are highly dependent on temperature, humidity, and the presence of stagnant water.



In conclusion, vector-borne diseases represent a complex and dynamic challenge to global public health. Addressing these diseases requires a multifaceted approach that combines scientific

Dr. Sonopant G. Joshi Director & Professor Symbiosis College of Nursing(SCON)

Hill Base Campus Lavale, Pune-412 115. )221013 0221014 402210 )407

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research, community engagement, and robust healthcare infrastructure. As the world continues to face new environmental and social changes, the effective control of vector-borne diseases remains a critical priority for the well-being of populations around the globe.

In the skit firstly there was a scene where the teacher is taking the attendance and few students are absent due to Dengue. Malaria Chikenguniya, Japanese Encephalitis

The second part the nurse and the teacher are discussing about doing an awareness in the school premises about what these diseases are, how they are caused, how they can be prevented and how they can be cured.

In the third part the nurse comes and educates the school children by conducting a skit regarding Dengue, Malaria. Chickengunyo, JE what they are how they are caused are and how they can prevented like by cleaning. Keeping water closed. By not letting the water get collected, using full sleeve clothes, using mosquito net, having diet rich in Vit C, Vit A and Iron



B.Sc. Nursing IV year (2020-24)			
SR.No.	Name of the students	PRN	Signature
1	ANCY SARA ABRAHAM	20040221001	Any
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3	ATHIRA MADHU	20040221003	
4	ATTAR PAYAL HANIE	20040221004	
5	BHOSLE ADITYA RAJKUMAR	20040221005	
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7	GAIKWAD GAURAV NIRMALKUMAR	20040221008	Cothydian
8	GHULE KOMAL SHIVAJI	20040221009	Kamai.
9	GRACE UGWUANEKE	20040221010	B
10	GRACE V PRABHA	20040221011	
11	HANDE PRADNYA SURESH	20040221012	Reforde.
12	HANEY K THOMAS	20040221013	1
13	KAJAL GANPATI MANE	20040221014	Sair
14	KAMBLE KIRAN SATISH	20040221015	Some-
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46	YADAV PRATHMESH RAMSAJEEVAN	20040221049	P.M. YADAV

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Lavale, Pune-412 115.



#### Dr. Ranjana Chavan <ranjanachavan@scon.edu.in>

#### Health Enlightenment Programme-reg

3 messages

Ranjana Chavan <ranjanachavan@scon.edu.in>

Wed, Nov 22, 2023 at 1:15 AM

To: director < director@scon.edu.in>

Cc: Kalpana Sawane <jasneetkaur@scon.edu.in>, Mangesh Jabade <jabade.mangesh87@gmail.com>, pratik.salve@scon.edu.in, prachi.jadhav@scon.edu.in

Respected Sir

This is to inform you that the Community Health Nursing department is proposed to conduct a Health Enlightenment Programme on 23 Nov, 2023 at Sahdev Eknath Nimhan Health Centre, Pashan.

On this occasion, the CHN department cordially invites you to grace the event with your presence.

Herewith I am forwarding the Programme schedule and proposal of health Enlightenment programme.

It is requested that you may kindly give approval for the same.

#### Programme Schedule

#### Health Enlightenment Programme

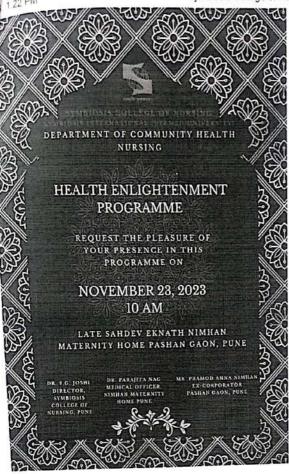
Date: 23/11/23

Venue: Sahdev Eknath Nimhan Health Centre, Pashan

Sr. No	Time	Particular	
1.	10.00 am to 10.10am	Inauguration	
2.	10.10 am to 10 20 am	Welcome note	
3.	10.20 am -10.30 am	Felicitation of Guests	
4.	10.30 am -11.00 am	Skit on Pancreatic Cancer	
5.	1	Role play on Antibiotic Awareness	
6.	_	Skit on Prevention of Vector Borne Disease	
7.	11am to 11.30 am	Exhibition of Audio visual Aids on health enlightenment programme	

With Regards,

Dr. Ranjana Chavan Assistant Professor Symbiosis College of Nursing Symbiosis International (Deemed University) Mob. no. 9892831879



#### 4 attachments

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- vector born proposal.docx 39K
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Dear Dr Ranjana

Programme Approved

#### Thanks and Warm Regards

Dr Sonopant. G. Joshi M Sc (N) M Sc (DM) Ph D DIRECTOR & PROFESSOR Symbiosis College Of Nursing Pune (Maharashtra) INDIA Member Secretary - Institutional Ethics Committee - SIU

Tel - +91-20-66975051,52 Web: www.scon.edu.in Vidwan - https://vidwan.inflibnet.ac.in/profile/43451 Orcid- https://orcid.org/0000-0001-8298-8689 Publons -- https://publons.com/wos-op/dashboard/settings/profile/ --

Dr. Sonopant G. Joshi Director & Professor Symbiosis College of Nursing(SCON) Hill Base Campus Lavale, Pune-412 115.

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# SYMBIOSIS COLLEGE OF NURSING

## COMMUNITY HEALTH NURSING

# REPORT OF HEALTH AWARENESS PROGRAMME

World Antibiotic Awareness Week 2023

PASHAN PRIMARY HEALTH CENTRE

World
Antimicrobial
Awareness Week
18-24 November
Spread awareness,
Stop resistance



## SUBMITTED BY:

Ancy Sara Abraham, Payal Hanif Attar, Grace V Prabha, Haney K Thomas, Ugwuaneke Grace Amarachi, Komal Shivaji Ghule, Aditya Rajkumar bhosale, Pradnya Suresh Hande, Yash Symbi Katarnaware, Gaurav NirmalKumar Gaikwad

## Introduction:

The World AMR Awareness Week (WAAW) is celebrated from 18-24 November every year. The theme for WAAW 2023 will remain "Preventing antimicrobial resistance together", as in 2022. AMR is a threat to humans, animals, plants and the environment. It affects us all. Antimicrobial Resistance (AMR) occurs when bacteria, viruses, fungi and parasites no longer respond to antimicrobial agents. As a result of drug resistance, antibiotics and other antimicrobial agents become ineffective and infections become difficult or impossible to treat, increasing the risk of disease spread, severe illness and death.

The theme for WAAW 2023 will remain "Preventing antimicrobial resistance together", as in 2022. AMR is a threat to humans, animals, plants and the environment. It affects us all.

That is why this year's theme calls for cross-sectoral collaboration to preserve the effectiveness of antimicrobials. To effectively reduce AMR, all sectors must use antimicrobials prudently and appropriately, take preventive measures to decrease the incidence of infections and follow good practices in disposal of antimicrobial contaminated waste.

#### Objectives:

- 1. Healthcare Professional Education: Provide targeted education and training programs for healthcare professionals to enhance their understanding of antibiotic stewardship, appropriate prescribing practices, and effective communication with patients about antibiotic use.
- 2. Community Engagement: Engage communities through campaigns, workshops, and informational materials to promote awareness and understanding of antibiotics, their proper use, and the consequences of antibiotic resistance. Encourage community members to actively participate in the fight against antibiotic misuse.
- 3. Policy Advocacy: Advocate for and support the development and implementation of policies and guidelines that promote responsible antibiotic use in healthcare settings, agriculture, and veterinary medicine. Collaborate with policymakers to strengthen regulations and surveillance measures to curb the emergence and spread of antibiotic resistance.
- 4. To Increase public awareness and understanding of the responsible use of antibiotics to combat antibiotic resistance, emphasizing the importance of completing prescribed courses, avoiding selfmedication, and promoting dialogue between healthcare providers and the community to ensure the effective and sustainable use of antibiotics.

## **Team Members:**

Dr S.G.Joshi

Dr.Jasneet Kaur

Dr.Ranjana Chavan

Dr. Mangesh Jabade

Mr. Pratik Salve

Miss Prachi Jadhav

#### **Activities:**

> Students are peforming the skit realted to the antibiotic awarenss.

> Showcase the model regarding precautions while client on antibiotics

> Display the charts and flash cards

Nutrion Exhibition for the client who is on antibiotics

Distribution of Pamphlet.

#### **General Details**

Date of the event: 23rd November 2023

Time of the event: 10: 30 am to 12:00 pm

Event venue: Pashan Primary Health Centre (PHC)

Set up/purpose: Health Awareness Programme

Participants/ presenters: B.Sc. 4th Year Group 4 Students

Duration of the events: 30 minutes each group

Event name: Antibiotics Resistance

Category/ subject: Community Health Nursing- II

Name of the college: Symbiosis College of Nursing (SCON)

Name of the supervisors: Dr. Jasnet Kaur, Dr. Ranjana Chavan, Dr. Mangesh Jabade, Mr. Pratik

Shavan.

Audience: Pashan community people

Language: Hindi, Marathi

An awareness program was conducted by Symbiosis College of Nursing on the 23/11/2023.



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Antimicrobials - including antibiotics, antivirals, antifungals, and antiparasitics - are medicines used to prevent and treat infectious diseases in humans, animals and plants.

Antimicrobial Resistance (AMR) occurs when bacteria, viruses, fungi and parasites no longer respond to antimicrobial medicines. As a result of drug resistance, antibiotics and other antimicrobial medicines become ineffective and infections become difficult or impossible to treat, increasing the risk of disease spread, severe illness, disability and death.

Antimicrobial resistance (AMR) represents a major global threat across human, animal, plant, food, and environmental sectors. In 2019, it was estimated that almost 5 million deaths were associated with bacterial AMR, including 1.27 million deaths being directly caused by it.1 Addressing AMR requires a holistic and multi-sectoral approach referred to as a One Health approach.

The awareness program was conducted in the Primary Health Centre (PHC), Pashan. In this awareness program f awareness program four groups were made which were committed to spread awareness about various disease condition like COPD, Vector borne disease, Antibiotic resistance and Pancreatic awareness.

# What did we do?

The first group performed a skip on Antibiotic resistance, the second group on pancreatic cancer, the third group of facused on the third group performed regarding vector borne disease while the fourth group focused on displaying a clip on COPD and a demonstration on how COPD lungs are, and also abnormal sounds of the lungs.

### CONTENT DISCUSSED

## Causes of antibiotics resistance

 Poor hygiene and infection prevention and control Poor hygiene and poor infection prevention and control can provide more opportunity for resistant bacteria and other germs to spread

make more people sick and increase the need for antibiotics.

Hand hygiene is the most important way of preventing the spread of infections including antibiotic resistant infections.

- Over-prescription of antibiotics
- Patients not finishing the entire antibiotic course
- Overuse of antibiotics in livestock and fish farming
- Poor infection control in health care settings.

# What You Should Eat During and After Antibiotics

# 1. Take probiotics

Taking antibiotics can alter the gut microbiota, which can lead to antibiotic-associated diarrhea, especially in children. That's where probiotics may be able to help.

However, research shows that taking probiotics while or after you're taking antibiotics can help preserve the bacterial diversity of your gut. It also seems to reduce the amount of antibioticresistant genes (ARGs) in your gut, which can help offset antibiotic resistance.

# 2. Eat fermented foods

Certain foods can also help restore the gut microbiota after damage caused by antibiotics.

Fermented foods are produced by microbes and include yogurt, cheese, sauerkraut, kombucha and kimchi, among others.

> Director & Professor Symbiosis College of Nursing(SCON) Hill Base Campus Lavale, Pune-412 115.

They contain a number of healthy bacterial species, such as Lactobacilli, which can help restore the gut microbiota to a healthy state after antibiotics.

Therefore, eating fermented foods may help improve gut health after taking antibiotics.

# 3.Eat high fiber foods

Fiber can't be digested by your body, but it can be digested by your gut bacteria, which helps stimulate their growth.

As a result, high fiber foods may help restore healthy gut bacteria after a course of antibiotics. In fact, research from 2022 found that consuming soluble fiber daily may help reduce ARGs in your gut.

it's best to eat high fiber foods after you finish your antibiotic course because fiber can reduce antibiotic absorption.

# Avoid certain foods that reduce antibiotic effectiveness

While many foods are beneficial during and after antibiotics, some should be avoided.

For example, you should avoid eating grapefruit or drinking grapefruit juice because this can preventTrusted Source the body from breaking down medications properly.

ResearchTrusted Source shows that grapefruit juice can also affect the effectiveness of some antibiotics.

Foods supplemented with calcium, such as calcium-fortified orange juice, may also affectTrusted Source antibiotic absorption.

It could be that only foods that are supplemented with high doses of calcium should be avoided when taking antibiotics.

# PREVENTION OF ANTIBIOTICS RESISTANCE

- Improve medical labs
- Use antibiotics wisely
- Take measures to prevent infection
- Spreading awareness about antibiotics resistance
- Proper hygiene
- Never use left over antibiotics
- Only use antibiotics when prescribed by a certified health professional.

Group No 1 comprises of group members:

Ancy Sara Abraham, Komal Shivaji Ghule, Aditya Rajkumar bhosale, Pradnya Suresh Hande, Komal vasantrao ardade, Payal Hanif attar, Grace V Prabha, Ugwuaneke Grace Amarachi, Haney K Thomas, Gaurav NirmalKumar Gaikwad.



The programme was held on the 23<sup>rd</sup> of November, 2023, where the 4<sup>th</sup> year Students of Symbiosis College of Nursing organized an awareness programme in view of the awareness week 2023, the beneficiaries were the people of the pashan community, were we educated them on different disease condition and ways of preventing them.

Our group prepared a skit on antibiotic resistance we mainly focused on what is antibiotic resistance causes of antibiotics resistance, side effect and contraindication and prevention of antibiotics resistance and precautions to be taken while on antibiotics therapy. We used different Av aids, model and also educated them on Diet rich with antibiotics.

The script was written by Komal Komal Shivaji Ghule. We have receive an appreciation for the best skit performance by Dr. Ranjana mam and Dr. Jasneet Kaur.

#### CONCLUSION

The event went successfully, the members of the Pashan community were enlightened about antibiotics resistance and it's prevention the celebration at Pashan Primary Health Centre was a success with the support from director sir of SCON, medical officer of PHC, staffs from SUHRC, staff of Pashan PHC and under the guidance from the clinical supervisors. By the end of the awareness programme, it seemed like the people of the Pashan community has got some basics ideas about the awareness given by the students and positively responded during the programme.

	B.Sc. Nursing IV year (2020-24)		
SR.No.	Name of the students	PRN	Signature
1	ANCY SARA ABRAHAM	20040221001	Any
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3	ATHIRA MADHU	20040221003	
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Director & Professor
Symbiosis College of Nursing(SCON)
Hill Base Campus
Lavale, Pune-412 115.



#### Dr. Ranjana Chavan <ranjanachavan@scon.edu.in>

## Health Enlightenment Programme-reg

3 messages

Ranjana Chavan <ranjanachavan@scon.edu.in>

Wed, Nov 22, 2023 at 1:15 AM

To: director < director@scon.edu.in>

Cc: Kalpana Sawane <jasneetkaur@scon.edu.in>, Mangesh Jabade <jabade.mangesh87@gmail.com>, pratik.salve@scon.edu.in, prachi.jadhav@scon.edu.in

Respected Sir

This is to inform you that the Community Health Nursing department is proposed to conduct a Health Enlightenment Programme on 23 Nov, 2023 at Sahdev Eknath Nimhan Health Centre, Pashan.

On this occasion, the CHN department cordially invites you to grace the event with your presence.

Herewith I am forwarding the Programme schedule and proposal of health Enlightenment programme.

It is requested that you may kindly give approval for the same.

#### Programme Schedule

#### Health Enlightenment Programme

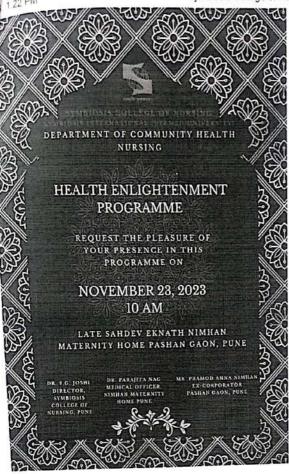
Date: 23/11/23

Venue: Sahdev Eknath Nimhan Health Centre, Pashan

Sr. No Time Particular		Particular
1.	10.00 am to 10.10am	Inauguration
2.	10.10 am to 10 20 am	Welcome note
3.	10.20 am -10.30 am	Felicitation of Guests
4.	10.30 am -11.00 am	Skit on Pancreatic Cancer
5.	1	Role play on Antibiotic Awareness
6.	_	Skit on Prevention of Vector Borne Disease
7.	11am to 11.30 am	Exhibition of Audio visual Aids on health enlightenment programme

With Regards,

Dr. Ranjana Chavan Assistant Professor Symbiosis College of Nursing Symbiosis International (Deemed University) Mob. no. 9892831879



#### 4 attachments

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- vector born proposal.docx 39K
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Dear Dr Ranjana

Programme Approved

#### Thanks and Warm Regards

Dr Sonopant. G. Joshi M Sc (N) M Sc (DM) Ph D DIRECTOR & PROFESSOR Symbiosis College Of Nursing Pune (Maharashtra) INDIA Member Secretary - Institutional Ethics Committee - SIU

Tel - +91-20-66975051,52 Web: www.scon.edu.in Vidwan - https://vidwan.inflibnet.ac.in/profile/43451 Orcid- https://orcid.org/0000-0001-8298-8689 Publons -- https://publons.com/wos-op/dashboard/settings/profile/ --

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# REPORT OF AWARENESS PROGRAMME ON WORLD COPD DAY

# PASHAN PRIMARY HEALTH CENTRE



## Submitted By:

Group Members: Ms. Shingote Bhagyashri Ashok, Mr. Siddhesh Chandrakant Patil, Ms. Sharon Nixon Samuel, Ms. Sharon Tshomo Bhattarai, Ms. Staicy Bethesda Shaji, Ms. Sumana Das, Ms. Teresa Sara, Mr. Thinley Jamtsho, Ms. Waghambare Manasi Nileshkumar, Mr. Yadav Prathmesh Ramsajeevan, Mr. Yeshi Jamtsho



# REPORT ON WORLD COPD DAY 2023

#### Introduction:

World COPD Day is celebrated every year on November 15 to raise awareness about the diseases and also preovided knowledge regarding its preventive measures.

Chronic respiratory diseases (CRDs) affect the airways and other structures of the lungs. Some of the most common are chronic obstructive pulmonary disease (COPD), asthma, occupational lung diseases and pulmonary hypertension.

This year's theme of, World COPD Day 2023 is "Breathing is Life - Act Earlier"

The aim of the WHO Chronic Respiratory Diseases Programme is to support Member States in their efforts to reduce the toll of morbidity, disability and premature mortality related to chronic respiratory diseases, specifically asthma and chronic obstructive pulmonary disease.

### Objectives:

- Increase Public Awareness: To educate the community about COPD, its causes, symptoms, and preventive measures to enhance understanding and early detection.
- 2. Promote Early Detection: To encourage individuals at risk to undergo screenings, promoting early diagnosis and intervention for better management of COPD.
- 3. Advocate for Healthy Lifestyles: To highlight the importance of a healthy lifestyle, including smoking cessation, regular exercise, and proper nutrition, as key factors in preventing COPD.
- 4. Facilitate Access to Information: To provide accessible resources and information on COPD management, treatment options, and support services for individuals living with COPD and their caregivers.
- 5. Engage Healthcare Professionals: Foster collaboration among healthcare professionals to share best practices, latest research, and advancements in COPD treatment, aiming to enhance patient care and outcomes.

Team Members:

Dr S.G.Joshi

Dr.Jasneet Kaur

Dr.Ranjana Chavan

Dr. Mangesh Jabade

Mr. Pratik Salve

Miss Prachi Jadhav

### Activities:

- ☐ Exhibition of Lung Model- Normal and COPD.
- ☐ Showcase the video about COPD
- $\hfill\Box$  Display the posters, flash cards, pamphlet related to COPD
- ☐ Nutriin exhibiion for COPD client

# THEME: BREATHING IS LIFE - ACT EARLIER

# **General Details**

Date of the event: 23<sup>rd</sup> November 2023

Time of the event: 10: 30 am to 12:00 pm

Event venue: Pashan Primary Health Centre (PHC)

Set up/purpose: Health Awareness Programme

Participants/ presenters: B.Sc. 4th Year Group 4 Students

Duration of the events: 30 minutes each group

Event name: WORLD COPD DAY

Category/ subject: Community Health Nursing- II

Theme of the day: Breathing is life, act earlier

Name of the college: Symbiosis College of Nursing (SCON)

Name of the supervisors: Dr. Jasnet Kaur, Dr. Ranjana Chavan, Dr. Mangesh Jabade, Mr.

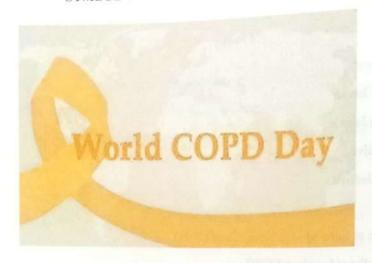
Pratik Shavan.

Audience: Pashan community people

Language: Hindi, Marathi



SYMBOL OF WORLD COPD DAY, 2023



The United Nations has its global health organisation which is rightly the WORLD HEALTH ORGANIZATION (WHO) who looks after the healthcare delivery systems through preventive, promote, curative and rehabilitative measures in the society. The WHO has framed various types of global observation of days related to the health and diseases for creating the informative awareness amongst the people for primary level preventions till secondary and tertiary treatments. Among various type of international and national observed days related to health, the world COPD day is one of international level health awareness providing day where the healthcare providers and the community people gather and alert the society about the risk and prevention of COPD and their respective management.

World COPD day is celebrated on 15th November every year and the awareness programme on world copd day was conducted at Pashan Primary health centre on 23rd November 2023 mainly objectives for giving the awareness regarding the risk and their basic level of the people's ability and capability to prevent those respiratory diseases through primary level. The awareness programme by the group includes four station; station 1 working model, station 2 risk and causes of COPD, station 3 activity station of breathing test and spirometry and station 4 with nutritional requirements during the course of treatment and management of COPD.



Director & Professor Symbiosis College of Nursing(SCON) Hill Base Campus Lavale, Pune-412 115.



# Importance of Health Awareness

World COPD (Chronic Obstructive Pulmonary Disease) Day is observed globally on the third Wednesday of November each year. This annual event holds significant importance for several reasons:

- Raising Awareness: COPD is a group of lung conditions that include chronic bronchitis
  and emphysema. World COPD Day provides an opportunity to raise awareness about the
  causes, symptoms, and preventive measures related to COPD. Increased awareness
  contributes to early detection and better management of the disease.
- Educating the Public: The day is dedicated to educating the public about the impact of COPD on individuals and communities. Understanding the risks associated with smoking, environmental pollutants, and other factors can help people make informed choices to reduce their susceptibility to COPD.
- 3. Supporting Patients: COPD can significantly impact the quality of life for those affected. World COPD Day serves as a platform to show support for individuals living with COPD and to highlight the importance of access to healthcare, treatment options, and a supportive community.
- 4. Advocacy for Research: The day encourages advocacy for increased research funding and efforts to better understand the causes and develop more effective treatments for COPD. Advances in research can lead to improved therapies, enhanced quality of life for patients, and potentially finding a cure.
- 5. Promoting Healthy Lifestyles: Lifestyle choices, such as smoking and exposure to environmental pollutants, are major contributors to COPD. World COPD Day emphasizes the importance of adopting and maintaining a healthy lifestyle to prevent the onset or progression of the disease.
- 6. Global Collaboration: The international observance of World COPD Day promotes global collaboration among healthcare professionals, researchers, policymakers, and the public. Sharing knowledge and experiences on a global scale can lead to more effective strategies for COPD prevention, diagnosis, and management.
- 7. Reducing the Burden on Healthcare Systems: COPD is a leading cause of morbidity and mortality worldwide. By promoting awareness and preventive measures, World COPD Day aims to reduce the burden on healthcare systems by preventing new cases and improving the management of existing ones.

# Organization of an Awareness Programme by Group 4

We, the students of group 4 BSC. Nursing 4<sup>th</sup> year prepared all the models, articles and AV aids before 1 and half weeks before the programme on 23<sup>rd</sup> November. Our group members has brought the orange ribbon and put the ribbon as the batch signifying the student members celebrating World COPD day at Pashan Primary Health Centre.



The programme was majorly divided into 4 stations with explanation as below;

station I working model

2. station 2 risk and causes of COPD

3. station 3 Video and Activity station of breathing test and spirometry 4. Station 4 with nutritional requirements during the course of treatment and management of COPD.

# 1. Station 1: Working Model

In the station number 1 we have created the working model of the respiratory system which mainly included the lower respiratory system parts including trachea, bronchi, bronchioles, and both lungs and nearby organs. The student have explained about the working model on how the respiratory system works and alveoli working where one students has blown the tube which represents the working inflate of the alveoli cells where normal one works and COPD alveoli do not inflate and shows reduced physiological functions of the respiratory.

#### 2. Station 2: Risk and Causes of COPD

The group has prepared posters, slogans, charts, flash cards and pamphlets to show and explain about the risk and causes of the COPD in the people by the students.

#### Risk and causes of copd

The risk and causes of copd includes;

- Cigarette smoking: This is the most significant risk factor. As per some reports, about 20 to 25% of smokers will develop COPD. Those who quit smoking or are ex-smokers remain at risk and should be aware of the symptoms of breathlessness.
- Genes: It is also one of the causes of the disease as a genetic disorder called alpha-1antitrypsin deficiency that may trigger emphysema. It can also occur even if no other factors are present.
- Exposure to irritants for the long-term: Exposure to irritants like chemical vapours or dust from grain or wood. Also, severe pollution can make COPD worse in smokers.
- Genetic Factors: A rare genetic condition known as alpha-1 antitrypsin deficiency can predispose individuals to COPD. This condition affects the production of a protein that protects the lungs, making individuals more susceptible to lung damage.
- Age: While COPD can occur in younger individuals, it is more commonly diagnosed in people over the age of 40. Aging itself can lead to changes in lung function, and cumulative exposure to risk factors over time increases the likelihood of developing
- Respiratory Infections: Severe respiratory infections, especially those occurring repeatedly or at a young age, can contribute to lung damage and increase the risk of developing COPD.

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- Indoor Air Quality: Poor indoor air quality, often due to the use of solid fuels for cooking and heating in poorly ventilated areas, can expose individuals to harmful particles and contribute to the development of COPD.
  - Socioeconomic Factors: Factors such as low socioeconomic status, including limited access to healthcare, may contribute to an increased risk of COPD. Lack of resources can impact an individual's ability to manage and treat respiratory conditions effectively.
  - Second hand Smoke: Exposure to second hand smoke, also known as passive smoking, can increase the risk of developing COPD, particularly in non-smokers who are regularly exposed to the smoke produced by others.

Therefore, it is necessary to remain active either via regular physical activity or pulmonary rehab. Also, receiving important vaccines, taking medications properly, and keeping medical appointments can help keep the lungs healthy.

# 3. Station 3: Video & Activity Station Of Breathing Test & Spirometry

In the station 3, the video was prepared which shows about the risk factors and causes of the COPD and the management and treatment of the COPD in Marathi language.

The next activity was about explaining the working about the spirometry and their test to assess whether the person is having the normal functioning of lungs or not.

# 4. Station 4: Nutritional Requirements & Treatment & Management, Preventive Measures of COPD.

The station was prepared mainly about the nutritional status and requirements about the related copd patients. All the nutritious vegetables and fruits are included as follows; fruits and green leafy vegetables, whole grains and cereals.

## Preventive measures of COPD:

Preventing Chronic Obstructive Pulmonary Disease (COPD) involves adopting lifestyle changes and avoiding exposure to risk factors that contribute to the development and progression of the disease. Here are some preventive measures:

- a. Smoking Cessation: The single most important preventive measure for COPD is to quit smoking. If you are a smoker, quitting can significantly reduce the risk of developing COPD and slow down its progression if you already have the condition.
- b. Avoiding Exposure to Tobacco Smoke: Even if you are not a smoker, exposure to second hand smoke can increase the risk of COPD. Avoiding environments where tobacco smoke is present is essential for preventing lung damage.

- c. Reducing Exposure to Environmental Pollutants: Minimize exposure to indoor and outdoor air pollutants, such as fumes, dust, and chemicals. If you work in an environment with potential respiratory hazards, use appropriate protective measures
- d. Improving Indoor Air Quality: Ensure good ventilation in your home. Avoid using biomass fuels for cooking or heating in poorly ventilated areas. Use air purifiers if necessary, and keep indoor spaces free of smoke and pollutants.
- e. Regular Exercise: Engage in regular physical activity to maintain overall health and lung function. Exercise can help improve lung capacity and strengthen respiratory
- Balanced Diet: Adopt a healthy and balanced diet to support overall well-being. Adequate nutrition can contribute to maintaining respiratory health and boosting the immune system.



- g. Vaccinations: Stay up-to-date with vaccinations, including annual flu shots and pneumonia vaccines. Respiratory infections can exacerbate COPD symptoms, and vaccinations can help prevent or reduce the severity of these infections.
- h. Early Detection and Management of Respiratory Infections: Promptly seek medical attention if you develop symptoms of respiratory infections, such as a persistent cough, chest discomfort, or difficulty breathing. Early intervention can prevent complications and reduce the impact on lung function.
- i. Regular Health Check-ups: Schedule regular check-ups with your healthcare provider, especially if you have a history of smoking or are at risk for COPD. Regular monitoring can help detect any changes in lung function early.
- Avoiding Harmful Habits: Limit or avoid the use of substances that can harm the lungs, such as excessive alcohol consumption and illicit drug use.

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# Comments & Feedbacks

The WORLD COPD DAY celebration at Pashan Primary Health Centre has done successfully with the support from director sir of SCON, medical officer of PHC, staffs from SUHRC, staff of Pashan PHC and under the guidance from the clinical supervisors. By the end of the awareness programme, it seemed like the people of the Pashan community has got some basics ideas about the awareness given by the students and positively responded during the

# **Benefits of Programme**

World COPD Day offers several benefits that contribute to the well-being of individuals, communities, and the global population. Some of the key benefits include:

- Increased Awareness: World COPD Day serves as a global platform to raise awareness about Chronic Obstructive Pulmonary Disease (COPD). By disseminating information about the causes, symptoms, and preventive measures, the day helps educate the public and healthcare professionals, leading to increased understanding of the disease.
  - > Early Detection and Diagnosis: The emphasis on COPD awareness encourages individuals to recognize early symptoms and seek medical attention promptly. Early detection allows for timely diagnosis and intervention, improving the chances of effective management and slowing the progression of the disease.
  - > Prevention through Education: The day provides an opportunity to educate the public about modifiable risk factors for COPD, such as smoking and exposure to environmental pollutants. Knowledge about preventive measures empowers individuals to make informed lifestyle choices that can reduce their risk of developing COPD.
  - Support for COPD Patients: World COPD Day brings attention to the challenges faced by individuals living with COPD. It fosters a supportive community and encourages initiatives to improve the quality of life for COPD patients, including access to healthcare, pulmonary rehabilitation, and social support.
  - > Advocacy for Research: The day serves as a platform for advocating increased funding and support for research on COPD. Advances in research can lead to the development of better treatment options, innovative therapies, and potential breakthroughs in understanding the underlying mechanisms of the disease.
  - Global Collaboration: World COPD Day promotes global collaboration among healthcare professionals, researchers, policymakers, patient advocacy groups, and the general public. Collaborative efforts can enhance the exchange of knowledge, share best practices, and contribute to more effective strategies for COPD prevention and management.
  - Reducing Stigma: By highlighting the impact of COPD and sharing personal stories, World COPD Day helps reduce the stigma associated with the disease. This can lead to increased empathy and understanding, fostering a more supportive environment for individuals affected by COPD.

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- Public Health Impact: The observance of World COPD Day contributes to overall public health by addressing a major respiratory health issue. By preventing new cases, promoting early detection, and improving management, the day plays a role in reducing the burden of COPD on healthcare systems and improving population health.
- Policy Advocacy: The awareness generated on World COPD Day can influence policymakers to prioritize respiratory health. This may lead to the development and implementation of policies aimed at reducing exposure to risk factors, improving access to healthcare, and supporting research initiatives.

## Summary & Conclusion

To summarize and conclude the health awareness program on the WORLD COPD DAY celebration at Pashan Primary Health Centre has done successfully with the support from director sir of SCON, medical officer of PHC, staffs from SUHRC, staff of Pashan PHC and under the guidance from the clinical supervisors. By the end of the awareness programme, it seemed like the people of the Pashan community has got some basics ideas about the awareness given by the students and positively responded during the programme.



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	B.Sc. Nursing IV year (2020-24)		
SR.No.	Name of the students	PRN	Signature
1	ANCY SARA ABRAHAM	20040221001	Any
2	ARDADE KOMAL VASANTRAO	20040221002	
3	ATHIRA MADHU	20040221003	
4	ATTAR PAYAL HANIE	20040221004	
5	BHOSLE ADITYA RAJKUMAR	20040221005	
6	DARJI MARUF RAFIQUE AHMED	20040221006	
7	GAIKWAD GAURAV NIRMALKUMAR	20040221008	Cothyliant
8	GHULE KOMAL SHIVAJI	20040221009	Kamai.
9	GRACE UGWUANEKE	20040221010	B
10	GRACE V PRABHA	20040221011	
11	HANDE PRADNYA SURESH	20040221012	Reforde.
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15	KATARNAWARE YASH MARKAS	20040221016	Yardy .
16	KISHAN UPADHYAY	20040221018	-
17	KONADE PRIYANKA LAXMAN	20040221019	Paudde.
18	KUMBHAR PURVA BALU	20040221020	Chiria
19	LADKAT ROSHANI SUSAN RAJU	20040221021	P
20	LEEPAKSHI SHARMA	20040221022	Shamp
21	MAKNE VIDHYADHAR PADMAKAR	20040221023	
22	MERLIN ANNA REJI	20040221024	
23	NEHA KAPURCHAND CHOPDE	20040221026	011
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38	SHARON TSHOMO BHATTARAI	20040221041	Suf!
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42	SUMANA DAS	20040221045	
43	TERESA SARA	20040221046	Tells.
44	THINLEY JAMTSHO	20040221047	/M7
45	WAGHAMBARE MANASI NILESHKUMAR	20040221048	Mansi
46	YADAV PRATHMESH RAMSAJEEVAN	20040221049	P.M. YADAV

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Date:

# **NOTICE**

Dear all,

This is to inform you all that Students from 3<sup>rd</sup> Semester and 4<sup>th</sup> Semester Batch have planned to celebrate, World Diabetes Day on 14/11/2023 from 8.30 am 2pm at Pashan.

Following faculty will be involved:

- 1) Dr.Manisha Mistry
- 2) Dr.Dipali Dumbre
- 3) Mr.Husain Nadaf
- 4) Ms.Prachi M
- 5) Mrs. Monika Puri

(MSN Dept)

Signature of Deputy Director

Signature of Director Director & Professor Symbiosis College of Nursing(SCON) Hill Base Campus Lavale, Pune-412 115.

# <u>REPORT</u> <u>ON</u> **WORLD DIABETES DAY CELEBRATION**

Date:14/11/2023

Time: 8: 30 am to 2pm

Venue: Pashan

## Faculty involved:

Dr. Manisha Mistry

Dr.Dipali Dumbre

Mr.Hussain Nadaf

Ms.Prachi M

Mrs. Monika P

#### Batches involved:

 $3^{\text{rd}}$  and  $4^{\text{th}}$  Semester Students

## <u>PREAMBLE</u>

# The theme for World Diabetes Day 2023: "Access to Diabetes Care."

The World Diabetes Day provides an opportunity to raise awareness of diabetes as a global public health issue and what needs to be done, collectively and individually, for better prevention, diagnosis and management of the condition.

This World Diabetes Day, WHO highlighted the need for equitable access to essential care, including raising awareness of ways people with diabetes can minimize their risk of complications. Activities to celebrate the experiences of people with all forms of diabetes to help those impacted to take action, including seeking and obtaining essential care.

Type 1 diabetes is not preventable. Type 2 diabetes is often preventable through a healthy diet, regular physical activity, maintaining a normal body weight and avoiding tobacco use.

Diabetes is a major cause of blindness, kidney failure, heart attacks, stroke and lower limb amputation.

Diabetes can be treated and its complications avoided or delayed with regular screening and treatment.

People with diabetes should seek regular screening for complications to aid in early detection. This includes screening for kidney disease, regular eye exams, and foot assessment.

Quitting smoking reduces the risk of developing type 2 diabetes by 30-40%.

Diabetes is associated with about twice the risk of tuberculosis (TB) disease and a higher risk of multidrug-resistant TB. People with both TB and diabetes are twice as likely to die during TB treatment and have twice the risk of TB relapse after treatment completion.

Only about 50% of people with type 2 diabetes get the insulin they need, often because their country's health systems cannot afford it.

Awareness need to be created among people about Diabetes and its Prevention strategies.

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# **SCHEDULE**

Sr.no	Time	Activity
1	8.30 am	Reporting of Students
2	9am to 11:00 am	Social Awareness with Street play and Health Education using Handmade Posters and Pamphlets.
3	11:00 am to 11:30 am	Awareness Rally
4	11:30 am 12:00 pm	Lunch Break
5	12pm to 2pm	Door-to-door Survey on Diabetes

### REPORT

World Diabetes Day celebration was conducted in Pashan Community on 14<sup>th</sup> November 2023. Total 45 students of 4<sup>th</sup> Semester and 68 students of 3<sup>rd</sup> Semester were present. Social awareness was created with Street play on Diabetes, it's types and strategies for Diabetes Prevention. Community people in Pashan appreciated students and their efforts. Students clarified the doubts of people. Later, awareness rally was conducted by students. After lunch break students conducted Survey on Diabetes. The execution of all programme was successfully done.

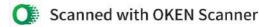
## **OUTCOME**

- Awareness about Diabetes, it's types and prevention strategies for Diabetes was created among Pashan Community.
- Data collection on Diabetes through survey was completed and with a view to publish publish a paper.

HOD of MSN Department

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# WORLD DIABETES DAY CELEBRATION

PRN NAME OF THE STUDENTS ATTENDANCE 21040221001 AINE JOLSE 21040221002 ALAN MATHEW 21040221003 ALISHIBA TIMOTHY TIWADE 21040221005 BANGAR SHRUTI RAMDAS 21040221006 BANGAR SHRUTI RAMDAS 21040221008 BISHAKA SHRESTHA 21040221009 DETHE NUPUR SURESH 21040221010 DIYA J 21040221011 DODSA MARIAM MATHEW 21040221012 GAIKWAD SWAPNIL PRAVIN 21040221013 HAANI ARAI 21040221014 HEMANT CHOPDE A 21040221015 JADHAV OM BALASAHEB 21040221016 JAISON C JOHN 21040221017 JEHOSHUA J ABRAHAM 21040221018 JOSHINA GEORGE MATHEW 21040221019 JOSNA ANNA MATHEW 21040221020 KRISHNA PYNE 21040221021 KUMBHAR DHIRAI KUNDALIK 21040221022 LALANI NAZMIN PYARALI 21040221023 MANE SANIYA SHANKAR 21040221025 MEMANA MELBIN WILSON 21040221026 PATIL KRISHNA SANTOSH 21040221027 POTE PAYAL BANDU 21040221028 PRIVANSHI GURIAR 21040221029 RAI ARCHANA ANUP 21040221029 RAI ARCHANA ANUP 21040221031 RIYA ELZA RENJAN 21040221033 SASANE ABHIYA SANTOSH 21040221034 SATRE PRANOTI DHANAJI 21040221035 SHERLIN SABU 21040221036 SHIRKE ROSHNI PRATAP 21040221037 SHRISUNDAR SAMUEL 21040221038 SHIRKE ROSHNI PRATAP 21040221039 SUBIN SAJI 21040221039 SUBIN SAJI 21040221039 SUBIN SAJI 21040221040 TENZEE YANKEE LAMA 21040221041 THORAT ADITYA RAHUL 21040221043 SUNAYANA BAJGAIN		CLLEBRATIO	N
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# B.Sc. NURSING-Semester III Subject :- ADULT HEALTH NURSING I

Diabetic Day Attendence Sheet	Diabetic	Day A	Attendence	Sheet
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		Diabetic Day Attendence Sheet	
s.NO.	PRN	Name of the Students	Signature
35	22040221036	MAHIMA SATHYAN	Met
36	22040221037	MEHAK TARIQ	
37	22040221038	MERIN GEORGE	pr
38	22040221039	MIRACLE CHIDINMA	The second
39	22040221040	MOHD QAMAR DAMAL	Mirally
40	22040221041	MORE DIPAK	Supoles
41	22040221042	NANDANA C.N	Salar
42	22040221043	NIKITA PAREEK	1512 68
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44	22040221045	NINGREIRUM RUMTHAO	Neg
45	22040221045	NORA CATHERIN SAJI	140°
46	22040221046	PHUNTSHO DEMA	0 001
		RADHIMA SHARMA	Real (Mexica)
47	22040221048	RAHATWILKAR AMIN	
48	22040221049	RINCHEN CHENZOM	80
49	22040221050	RIYA MATHEW	Ruy
50	22040221051	SANGAY CHODEN	GP-
51	22040221052	SANJAY SUBBA	Jan-
52	22040221053	SANJEEV RAI	Basis
53	22040221054	SAQIB AHMAD WANI	
54	22040221055	SAWANT AKSHEDA	
55	22040221056	SHAISTAH FARHAT	Shirt of
56	22040221057	SHIKALGAR MONISA	shikalg or
57	22040221058	SHIVANI SREEJAN	
58	22040221059	SIMRAN VISHAV KARMA	Source !
59	22040221061	SINGYE WANGMO	500
60	22040221062	SONAM TSHOMO	L.C.
61	22040221063	SONAM TSHOMO	STANK STANK
62	22040221064	SUNIL PRAJAPATI	(A)(A)
63	22040221065	TASHI PEM	708W
64	22040221066	THIRZA THOMAS	mira
65	22040221067	TEHNIYAT SHAFI	Telminge
66	22040221068	UGYEN LODEY	hill
67	22040221069	UGYEN TSHERING	Chat:
68	22040221070	WALMIKI SANDHYA	Day.
69	22040221071	JADHAV SIDDHI	GMA.





A Problem Prior to





\*\*\*\*END OF THE REPORT\*\*\*

Dr. Sonopant G. Joshi Director & Professor Symbiosis College of Nursing(SCO) Hill Base Campus



#### Shital Barde <shitalbarde@scon.edu.in>

### **World Health Mental Day 2023**

1 message

**DIRECTOR- SCON** <director@scon.edu.in> To: sconstaff <sconstaff@scon.edu.in>

Tue, Oct 3, 2023 at 11:02 AM

Dear All,

Mental Health Nursing Department is observing World Mental Health Day 2023, on 10th Oct 2023. The theme for this year is **Mental Health is a Universal Human Right.** 

PFA the programme Schedule

#### **Thanks and Warm Regards**

Dr Sonopant. G. Joshi M Sc (N) M Sc (DM) Ph D

DIRECTOR & PROFESSOR

Symbiosis College Of Nursing Pune (Maharashtra) INDIA

Member Secretary - Institutional Ethics Committee - SIU

Tel - +91-20-66975051,52 **Web:** www.scon.edu.in

Vidwan - https://vidwan.inflibnet.ac.in/profile/43451 Orcid- https://orcid.org/0000-0001-8298-8689

Publons -- https://publons.com/wos-op/dashboard/settings/profile/ --

Research Gate https://www.webofscience.com/wos/author/record/K-7079-2015

Google scholar -- https://scholar.google.com/citations?authuser=3&user=Woj8VUsAAAAJ

**Scopus**- https://www.scopus.com/results/authorNamesList.uri?name=name&st1=joshi&st2=sonopant&institute=Symbiosis+College+of+Nursing&origin=searchauthorlookup

WoS- <a href="https://www.webofscience.com/wos/author/record/K-7079-2015">https://www.webofscience.com/wos/author/record/K-7079-2015</a>

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# SYMBIOSIS COLLEGE OF NURSING Dept. of Mental Health Nursing

PROGRAMME SCHEDULE 'WORLD MENTAL HEALTH DAY 2023' THEME. MENTAL HEALTH IS A UNIVERSAL HUMAN RIGHT

#### PROPOSAL

World Mental Health Day 2023 is an opportunity for people and communities to unite behind the theme 'Mental health is a universal human right" to improve knowledge, raise awareness and drive actions that promote and protect everyone's mental health as a universal human right. The overall objective of World Mental Health Day is to raise awareness of mental health issues around the world and to mobilize efforts in support of mental health.

Mental health is a basic human right for all people.

Everyone, whoever and wherever they are, has a right to the highest attainable standard of mental health. This includes the right to be protected from mental health risks, the right to available, accessible, acceptable, and good quality care, and the right to liberty, independence and inclusion in the community.



Here we present some statistics related to Mental Health in India on World Mental Health Day 2023:

Nearly one in every seven young people globally experience a mental health condition; Every year, we lose about 1 adolescent life every 11 minutes to suicide; and Among adolescents aged 10-19, anxiety and depression alone make up about 40 percent of all mental health disorders.

- India has 9,000 psychiatrists or one per 100,000 people. The ideal number of psychiatrists per 100,000 people is three. As a result, India is short of 18,000 mental health professionals.
- . WHO also forecasts that about 7.5 per cent of Indians have a mental illness and that by the end of this year, roughly 20% of Indians will have a mental ailment.
- · According to statistics, 56 million Indians suffer from depression. Another 38 million people suffer from anxiety disorders.
- According to the WHO, India's economic loss owing to mental health disorders will be 1.03 trillion dollars between 2012 and 2030.
- According to the National Mental Health Survey (NMHS) from 2015-16, approximately 80% of persons with mental disorders did not receive treatment for more than a year.

Dr. Sonopant G. Joshi Director & Professor Symbiosis College of Nursing(SCON) Hill Base Campus Lavale, Pune-412 115.

(Thursdal Boarde)



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# 'WORLD MENTAL HEALTH DAY 2023'

# THEME: MENTAL HEALTH IS A UNIVERSAL HUMAN RIGHT

## Activities

Sr. No.	Activities	Date
1.	Display of Banner and Rally	10/10/2023
2.	Street Play on theme by students	10/10/2023
3.	Poster Exhibition on theme by students	10/10/2023

(wheetal Bande)

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# 'WORLD MENTAL HEALTH DAY 2023'

### THEME: MENTAL HEALTH IS A UNIVERSAL HUMAN RIGHT

### Programme schedule

Date - 10 Oct, 2023

Venue - Pashan, Pune

Time: 09 am - 4 pm

Time	Activity		
	10 October 2023		
09.00am- Display of Banner and Rally – Pashan Gaon (UPH area)			
11.00am- 1.00pm	Street play on theme by students of I & II Yr M.Sc. Nursing. (On 2 different locations – Market place & Residential area)		
1.00pm- 3.30pm	Poster Exhibition on theme by students of I & II Yr M.Sc. Nursing (at Market place)		



#### **Faculty Members**

Dr. Sheela Upendra

Mrs. Sheetal Barde

Mr. Satish Choure

Ms. Meghana Kamble

Dr. Sheela Upendra

HoD, Mental Health Nursing

Dr. S. G. Joshi

Director, Symbiosis College of Nursing



## SYMBIOSIS INTERNATIONAL (DEEMED UNIVERSITY), PUNE

Re-accredited by NAAC with 'A++' grade

Dept. of Mental Health Nursing

#### REPORT ON

#### "WORLD MENTAL HEALTH DAY 2023"

### THEME: 'MENTAL HEALTH IS A UNIVERSAL HUMAN RIGHT'

# Activities of Mental Health Nursing Department, SCON:

Date: 10<sup>th</sup> October, 2023

Day: Tuesday

Time: 09.00 am - 03.30 pm

Venue: Pashan Gaon Urban Community, Pune

#### **Faculty Name:**

- 1. Dr. Sheela Upendra
- 2. Ms. Sheetal Barde
- 3. Mr. Satish Choure
- 4. Ms. Meghana Kamble

#### Students:

- 1. M.Sc. Nursing 2<sup>nd</sup> year (Psychiatry specialization)
- M.Sc. Nursing 1<sup>st</sup> year
- 3. P.B. B. Sc. Nursing 1st and 2nd year

Symbiosis College of Nursing, Pune has observed the World Mental Health Day on the 10<sup>th</sup> October, 2023 at the Pashan Urban Community Pune. The program began by 09 am with Rally for Awareness about Mental health and the rights of Mentally ill patients. The rally started from the Residential area moved towards the Market place and then ended at the other end of the Urban community. Awareness rally was followed by street Rome play by the M. Sc. I year and II year students on Awareness of Rights of the Mentally ill person. The banner was displayed and Green ribbons were distributed in the community area. Students of M. Sc. Nursing 1<sup>st</sup> and 2<sup>nd</sup> year performed a Street play on the theme Mental Health is a Universal Human Right in the community area. The street Role play was performed at two different locations, one at the Market place and another at the Residential Area.

After the Street Role Play, the students have put poster exhibition on Awareness of Rights of the Mentally ill person. We received an excellent response from the local people from the community. The students contributed enthusiastically in the community mental health program.

The students of M.Sc. 2<sup>nd</sup> year and P.B. B. Sc. 2<sup>nd</sup> year gave health education on Mental Health and their rights and also solved the queries of the individual in the community regarding mental health.

The program ended by presenting a vote of thanks to the community. The efforts of the students were very well appreciated by the community people. It was indeed an event which raised awareness among the people about Mental Health and the Rights of Mentally III.

Department of Mental Health Nursing of SCON had organized a National Poster competition on the present year Theme. 180 participants from different states of India have participated in this competition. 3 Best posters were selected from 180 posters and winners are awarded with exciting prizes and e-certificates. Also all participants are provided with E-Certificates.

## Winners of competition are as follows:

1st Rank- Ms. Diya Das- Sikkim Manipal College of Nursing

2nd Rank- Ms. Gloria Jehoash- SCON

3rd Rank- Mr. Amol Sirsat- SCON

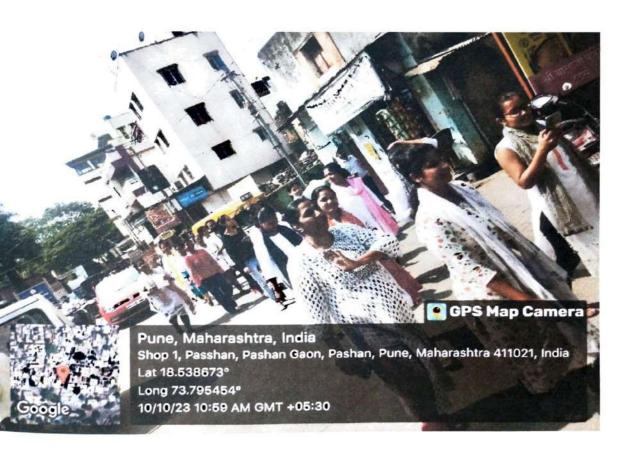
#### PHOTOGRAPHS OF THE EVENT











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#### **Best 3 Posters**

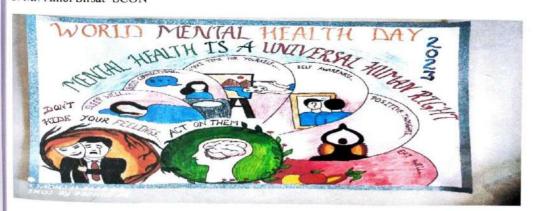
1. Ms. Diya Das- Sikkim Manipal College of Nursing



2. Ms. Gloria Jehoash-SCON



3. Mr. Amol Sirsat-SCON





Director & Professor Symbiosis College of Nursing(SCON) Hill Base Campus Lavale, Puna-412 115.

#### Mental Health Day 2023

#### Attendance

Sr. No.	Students Names	Signature
	I <sup>st</sup> Year M.Sc.	
1.	MS. BHAD VISHAKHA VIJAYKUMAR	VI holele
2.	MS. JESSY MATHEW	Not joined
3.	MS. KIRTIMAN MANISHI	Not joined
4.	MS. KUNTALINA HALDER	Kutolie
5.	MS. MEBINA MAWIONG	Methos
6.	MS. RAHATE NILIMA SHASHIKANT	Nelson
7.	MS. PAKHARE TANUJA MACHINDRA	Tongs
8.	MS. PALLAVI SHARMA	Bellas.
9.	MS. RIMSHA KHAN	Ruedo
10.	MR. SIRSAT AMOL VIKRAM	Anol
11.	MR. SURYAWANSHI AKSHAY D	-Akslan
12.	MS, SWATI AJAY CHONDHE	Soti:
13.	MR. THOPTE VISHAL NARAYAN	Not joined
14.	MS. WAGHMARE DHANSHREE DILIP	Charthlee,
15.	MS. ARCHANA GAJBHIJE	not joined
16.	MS. TAMBOLI AYESHA RUSTUM	Not joined
	2nd Year M.Sc.	
1.	MS. GLORIA JEOHASH	gui,
2.	MS. AARTI GAIKWAD	Ajalkund
3.	MS. KAJAL MORE	#
4.	MS. SANYOGITA WAKCHAURE	6.D.W_

Dr. Sonopant G. Joshi
Dr. Belle Suraclessor
Symbioski minesee Barmyi Research
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Institution His Buse Barmyi Research

Mangesh Jabade <mangesh@scon.edu.in>

# Proposal on observation of National Deworming Day as well as World Pulses Day 1 message

Mangesh Jabade <mangesh@scon.edu.in> To: DIRECTOR- SCON <director@scon.edu.in>

Mon, Feb 19, 2024 at 11:14 AM

Cc: Jasneet Kaur <jasneetkaur@scon.edu.in>, Ranjana Chavan <ranjanachavan@scon.edu.in>, pratik salve <meghana.kamble@scon.edu.in>

Respected Sir,

#### Greetings of the day...

Department of Community Health Nursing planning to observe National Deworming Day as well as World Pulses Day on 20th February 2024 at Sahydri International School, Pashan, Pune.

Kindly find out the proposal of the Deworming Day as well as World Pulses Day programme for your kind perusal,

Thanks & Regards

Dr. Mangesh V. Jabade Assistant Professor Symbiosis College of Nursing, Pune

Proposal- Dewarming Day & Pulses Day\_20.02.2024.docx

EVENT NAME: Observation on World Pulses Day

Theme: Pulses: Nourishing Soils and People.

# Activities of Community Health Department, SCON:

Date: 20 February 2024

Day: Tuesday

Time: 10 am - 3 pm

Venue: Sahydri International School, Pashan, Pune

• Group: School students

Faculty Name:

1. Dr. S. G. Joshi

2. Dr. Jasneet Kaur

3. Dr. Mangesh Jabade

4. Dr. Ranjana Chavan

5. Ms. Meghana Kamble

6. Mr. Pratik Salve

7. Ms. Prachi Jadhav

#### Student:

B.Sc. Nursing V semester

On 20<sup>th</sup> February 2024, B.Sc. Nursing V semester had performed chart exhibition on nutritious diet and its importance as well as Nutritious Diet exhibition for the Observation on World Pulses Day on theme "Pulses: Nourishing Soils and People".

World Pulses Day is a global event observed on February 10 every year with the primary aim of educating the masses about its nutritional value and environmental benefits. According to the official website of the United Nations, the celebration of World Pulses Day offers an opportunity to highlight the role of its sustainable option for diversification as well.

Pulses, also known as legumes, are the edible seeds of leguminous plants cultivated to consume. Among the variety of types, dried beans, lentils, and peas are the most commonly consumed across the globe. From making hummus in the Mediterranean to an Indian dal, it is a common ingredient for most of the cuisines.

On the celebratory day of World Pulses Day, let's take a look at its origin, significance, and theme for the year to mark the day with effective results.

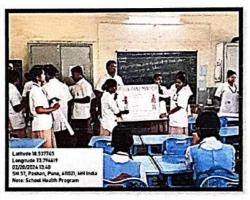
Pulses are known to be nutrient-rich and a great source of protein. They are low in fat while rich in fibre and they help in lowering the cholesterol level alongside controlling blood sugar as well. Pulses also help to combat obesity and aid in the management of several non-communicable diseases.

They hold significant importance for farmers as they can both sell and consume them. Pulses are easy to grow and require less water to flourish. They are low maintenance as they can tolerate drought and climate-related disasters, providing security and economic stability to the farmers. The nitrogen-fixing properties that pulses hold, improve the soil fertility and increase productivity of the farmland too. Thus, the celebration of World Pulses Day is significant to spread awareness about its crucial role.

Theme to mark the celebration of World Pulses Day in 2024, the Food and Agriculture Organisation (FAO) of the UN has announced a meaningful theme. As per the official website of FAO, the theme for World Pulses Day 2024 is 'Pulses: Nourishing soil and people.'

#### **Event Photos:**

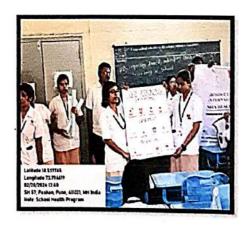












# Appreciation Letter form school:



# SOMESHWAR FOUNDATION Sahyadri International School

(Govt. Recognised)

Pashan, PUNE- 411021. Ph: 25865540 / Kothrud pune- 411029. Ph; 25389291 Website ; sahyadriinternational.edu.in E-mail ; someshwarfoundations@rediffmail.com

Shri. Vinayak Mahadeo Nimhan Mrs. Swati Vinayak Nimhan

FOUNDER

DIRECTOR

Ref No.:

Date: 29/09/2024

To.

The Director.

Symbiosis College of Nursing, Punc.

Subject: Appreciation letter - reg

Respected Sir.

It is my great pleasure and honor to send a note of appreciation.

It is indeed great support from Symbiosis College of Nursing and your team of teachers as well as students to support for observe National Deworming Day as well as World Pulses Day programme organized at Sahydri International School, Pashan, Pune on 20/02/2024.

Following faculty members from Symbiosis College of Nursing and Fifth Semester B.Sc. Nursing students has supported for this programme,

Dr. S.G. Joshi

Dr. Jasneet Kaur

Dr Mangesh Jahade

Dr. Ranjana Chavan

Mr. Pratik Salve

Ms. Meghana Kamble

Thanks and repards

Principal Sahyadri International School Pashan , Pune Secondary

### Symbiosis College of Nursing, Pune B.Sc. Nursing Semester - V

Community Health Nursing Event Name: World Pulses Day

Date: 20.02.2024

SR. NO.	PRN's	NAMES OF STUDENTS	Signature
1	21040221001	AINE JOLSE	Hinejors
2	21040221002	ALAN MATHEW	att.
3	21040221003	ALISHIBA TIMOTHY TIWADE	Attender
4	21040221004	BACCHE SAKSHI ANKUSH	CONSLIB
5	21040221005	BAINE JOLSE	AB
	21040221005	BANGAR SHRUTI RAMDAS	Orut Beryon
7	21040221007	BINCY MATHEW	Nan
	120 100 100 100 100 100 100 100 100 100	BISHAKA SHRESTHA	Varde.
8	21040221008	DETHE NUPUR SURESH	1705
9	21040221009		TD.
10	21040221010	DIŸA J	Gadsa
11	21040221011	DODSA MARIAM MATHEW	AR
12	21040221012	GAIKWAD SWAPNIL PRAVIN	Hamilin
13	21040221013	HAÄNI ARAI	Henricton
14	21040221014	HEMANT CHOPDE	Cladran
15	21040221015	JADHAV OM BALASAHEB	June .
16	21040221016	JAISON C JOHN	Jehoshun
17	21040221017	JEHOSHUA J ABRAHAM	Jachhar
18	21040221018	JOSHINA GEORGE MATHEW	D.W.
19	21040221019	JOSNA ANNA MATHEW	down
20	21040221020	KRISHNA PYNE	Wante.
21	21040221021	KUMBHAR DHIRAJ KUNDALIK	
22	21040221022	LAĽANI NAZMIN PYARALI	Olehan
23	21040221023	MANE SANIYA SHANKAR	Source -
24	21040221024	MEGHA SAJU	(Agg)
25	21040221025	MEMANA MELBIN WILSON	Jan.
26	210-10221026	PATIL KRISHNA SANTOSH	Chatu.
27	21040221027	PAYAL BANDU POTE	Bate
28	2.1040221028	PRIYANSHI GURJAR	- All
29	21040221029	RAI ARCHANA ANUP	ARES
30	21040221030	RAVIKANT PRABHAKAR	AB
31	21040221031	RIYA ELZA RENJAN	Pyt 4
32	21040221033	SASANE ABHIYA SANTOSH	thing.
33	21040221034	SATRE PRANOTI DHANAJI	Fary.
34	21040221035	SHERLIN SABU	Should
35	21040221036	SHIRKE ROSHNI PRATAP	Posnirke.
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37	210/10221038	SHRITI SANJU	Luch
38	21040221039	SUBIN SAJI	Seven
39	21040221040	TENZEE YANKEE LAMA	Tourse
40	21040221041	THORAT ADITYA RAHUL	Thomas
41	21040221042	WARUNKAR ARFAN AYUB	AB
42	21040221043	SUNAYANA BAJGAIN	- STRING
43	21040221044	ANSHU BISTA	Anch
44	21040221045	ANNU KARN	Alan
45	21040221046	RENU KUMARI	Teab
46	21040221047	CHAVAN ASHISH SANJIVKUMAR	A COURS
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Dr. Sonopant G. Joshi
Director & Professor
Symbiosis College of Nursing(SCON)
Hill Base Campus
Lavale, Pune-412 115.

(Superviser Sign)



#### Shital Barde <shitalbarde@scon.edu.in>

#### World Suicide prevention Day-Reg.

1 message

Satish Choure <satish.choure@scon.edu.in>

Sat, Sep 9, 2023 at 4:22 PM

To: "Mrs. Manisha Mistry" <manishamistry@scon.edu.in>, dipalidumbre <dipalidumbre@scon.edu.in> Cc: DIRECTOR- SCON <director@scon.edu.in>, "Dr. Sheela Upendra" <sheelaupendra@scon.edu.in>, Shital Barde <shitalbarde@scon.edu.in>

Dear Madam

Greetings!

As we are observing world Suicide prevention Day on 11/09/2023, I request you to kindly allow B.Sc. 4th semester batch to participate in the same.

Date: 11/09/2023 Venue: Pashan



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## SYMBIOSIS COLLEGE OF NURSING

# Dept. of Mental Health Nursing

PROGRAMME SCHEDULE

# 'WORLD SUICIDE PREVENTION DAY 2023'

#### THEME: CREATING HOPE THROUGH ACTION

#### PROPOSAL

The Government of India classifies a death as suicide if it meets the following three criteria: It is an unnatural death, the intent to die originated within the person, and there is a reason for the person to end his or the person meethage been specified in a suicide note or unspecified.

About 800,000 people die by suicide worldw. Very year. 164,033 Indians committed suicide in 2021 and the national suicide rate was 2 (calculated per hundred thousand or per lakh), which is the highest rate of deaths from suicide since 1967, which is the earliest recorded year for this data. According to The World Health Organization, in India, suicide is an emerging and serious public health issue. In 2021, 1.64 lakh people took their own lives, according to the NCRB. The suicide rate jumped to 11.3 in 2020 and was at a record high at 12 in 2021. According to the WHO estimates, India has the 41st highest suicide rate globally, as of 2019.

Suicide rates in India have been rising over the past five decades. Suicides during 2021 increased by 7.2% in comparison to 2020 with India reporting highest number of suicides in the world. India's contribution to global suicide deaths increased from 25.3% in 1990 to 36.6% in 2016 among women, and from 18.7% to 24.3% among men. In 2016, suicide was the most common cause of death in both the age groups of 15–29 years and 15–39 years. Between 1987 and 2007, the suicide rate increased from 7.9 to 10.3 per 190,000, with higher suicide rates in southern and eastern states of India. Daily wage earners registered 42,004 deaths by suicide in 2021, the biggest group in the suicide data.

In 2021, Maharashtra recorded highest number of deaths by suicide (22,207) followed by Tamil Nadu (18,925), Madhya Pradesh (14,965) West Bengal (13,500), and Karnataka (13,056). These five states together accounted for almost half of the total suicides recorded in India in that year. There were 25,891 suicides reported in the largest 53 mega cities of India in 2021. In the year 2021, Delhi City (2,760) recorded the highest number of deaths by suicide among the four metropolitan cities, followed by Chennai (2,699), Bengaluru (2,292) and Mumbai (1,436). These four cities together reported almost 35.5% of the total suicides reported from the 53 mega cities.

(Sheeled Barole)

Symples is College of Nor Hill Date Campu Lawrin, Pring 412 Dr. Sheela Upendra
Dy. Director
Symbiosis College of Nursing (SCON)
Symbiosis International (Deemed University)Campus
Hill Base, Lavale, Pune - 412 115.



Symbiosis International (Deemed University)

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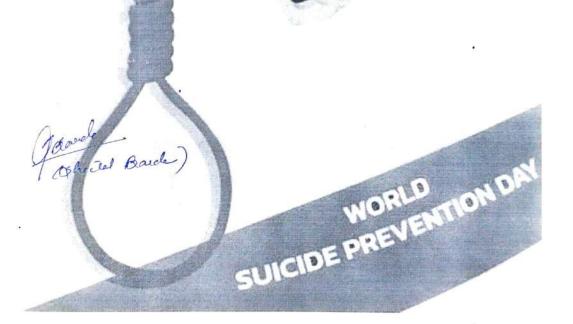
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# WORLD SUICIDE PREVENTION DAY 2023"

# THEME: CREATING HOPE THROUGH ACTION Activities

Sr. No.	Activities	Date
1.	Essay competition	11/09/2023
2.	Street Play on theme by students	11/09/2023
3.	Poster Exhibition on theme by students	11/09/2023





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# \*WORLD SUICIDE PREVENTION DAY 2023\*

# **THEME**: CREATING HOPE THROUGH ACTION

#### Programme schedule

Date - 11 Sept, 2023

Venue – Pashan, Pune

Time: 09 am - 3.30pm

Time	Activity	
		11 September 2023
09.00am- 10.00am	Essay compet	ition on theme - Creating Hope Through Action
10.00am- 10.30am	Display of Ba	nner and Rally – Pashan Gaon (UPH area)
10.30am- 1.00pm		theme by students of 4th Semester B.Sc. Nursing. at locations – Market place & Residential area)
2.00pm- 3.30pm	Poster Exhibi Market place	tion on theme by students of 4 <sup>th</sup> Semester B.Sc. Nursing (at

**Faculty Members** 

Dr. Sheela Upendra

Mrs. Sheetal Barde SUICIDE PRIM. Satish Choure

Ms. Meghana Kamble

white Bard

Dr. Sheela Upendra

HoD, Mental Health Nursing Dr. Sheela Upendra

Dy. Director

Symbiosis Come to of Nursing (SCON) mbiosis Internation . (Deemed University)Campus

Hill Base, Lavate, Pune - 412 115.

Dr. S. G. Joshi

Director, Symbiosis College of Nursing

Dr. Sonopant G. Joshi Director & Professor Symbiosis College of Nursing(SCON) Hill Base Campus

Lavale, Pune-412 115.



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Founder: Prof. Dr. S.B. Mujumdar (Awarded "Padma Bhushan" in 2012 & "Padma Shri" in 2005)

#### SYMBIOSIS COLLEGE OF NURSING

# Dept. of Mental Health Nursing

PROGRAMME SCHEDULE

### 'WORLD SUICIDE PREVENTION DAY 2023'

THEME: "CREATING HOPE THROUGH ACTION"

#### REPORT

Activities of Mental Health Nursing Department SCON

Date: 11 September 2023

Day: Monday

• Time: 10am-3:30pm

Venue: Pashan Community, Pune

#### **Faculty Name**

- 1. Dr. Sheela Upendra
- 2. Mrs. Sheetal Barde
- 3. Mr. Satish Choure
- 4. Ms. Meghana Kamble

#### Students:

1. B. Sc. Nursing IV Semester

WORLD WORLD SUICIDE PREVENTION DAY

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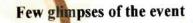
On 11 September, 2023 World Suicide Prevention Day was celebrated by Symbiosis College of Nursing at Pashan Urban Community area. Students from B.Sc. 4<sup>th</sup> Semester have participated in the program and did Street Play, rally and poster exhibition for awareness. Total 41 students were the part of the program. Essay competition was also conducted at SCON, students from 3 batches (B.Sc. Nursing Semester 1, 2 and 3) were participated in this competition.

World Suicide Prevention Day was observed at Pashan Urban Community area from 11am to 12pm awareness rally was organised at Pashan Gaon. From 12 pm to 1 pm students have performed a Street play on the theme – creating hope through action, at 2 different locations i.e. at market place and residential area at Pashan Gaon.

The street play depicted the causes of suicid ask factors, sign and symptoms of mentally disturbed individual, how it can be presented and treated was high lightened in the community setup. Post the street play an away ass exhibition was organised, in which posters on causes of suicide risk factors, prevent on and management were displayed.

The exhibition was highly appreciated by the locals and many people came to understand about the issue. The students contributed enthusiastically in the community mental health program.

The program ended by presenting a vote of thanks to the community. Appreciation to the students were done by the community people. It was indeed an event which raised awareness among the people about suicide prevention.





World Suicide Prevention Day: Essay Competition on theme: Symbiosis College of Nursing, Pune

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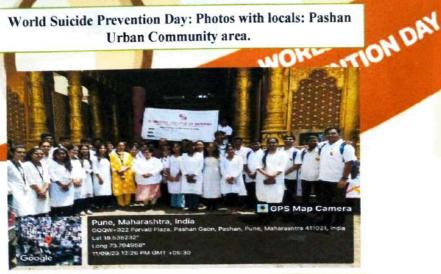
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World Suicide Prevention Day: Poster exhibition: Pashan Urban Community area.



World Suicide Prevention Day: Photos with locals: Pashan Urban Community area.



World Suicide Prevention Day: Photos B.Sc. 4th Semester: Pashan Urban Community area.



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World Suicide Prevention Day: Rally and Banner display: Pashan Urban Community area.



Awareness on Suicide Prevention Day: Skit Performance: Pashan Urban Community (Market & Residential) area.

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Founder: Prof. Dr. S.B. Mujumdar (Awarded "Padma Bhushan" in 2012 & "Padma Shri" in 2005)

#### ATTENDENCE SHEET

# World Suicide Prevention Day (2023-24)

Date: 11/09/2023

Day: Monday

Year: 2020-2024

Batch: B.Sc. 4th Semester

SR. NO.	PRN	NAME OF STUDENT	SIGNATURE
1.	21040221001	Aine Jolse	OF.
2.	21040221002	Alan Mathew	de l'
3.	21040221003	Alishiba Tiwade	de Aitra.
4.	21040221004	Bacche Sakshi	Magene
5.	21040221005	Baine Jolse	and the same
6.	21040221006	Bangar Shruti	Pangalak
7.	21040221007	Bincy Mathew	Binglatin
8.	21040221008	Bishaka Shrestha	- Setting
9.	21040221009	Dethe Nupur	Dete
10.	21040221009	Diya J	D.
11.	21040221010	Dodsa Mathew	Absent
12.	21040221011	Gaikwad Swapnil	Absent
13.	21040221012	Haani Arai	Haanh
		1 Description of Controls	Hemand
14.	21040221014	Hemant Chopde	Gadhai
15.	21040221015	Jadhav Om Jaison C John	Jaison.
16.	21040221016	Jehoshua Abraham	Jerharly
17.	21040221017	Joshina Mathew	governo
18.	21040221018	Josna Mathew	- fourt.
19.	21040221019 21040221020	Krishna Pyne	of the state of
20.	21040221020	Kumbhar Dhiraj	VOCALINE
21.	21040221021	Lalani Nazmin	1
23.	21040221022	Mane Saniya	mans
24.	21040221024	Megha Saju	Day
25.	21040221025	Memana Melbin	- Pale
26.	21040221026	Patil Krishna	Fatil-
27.	21040221027	Payal Pote	Take.
28.	21040221028	Priyanshi Gurjar	Din
29.	21040221029	Rai Archana	Absent
30.	21040221030	Ravikant Prabhakar	-Bush
31.	21040221031	Riya Renjan	Ripp.
32.	21040221033	Sasane Abhiya	Jun.
33.	21040221034	Satre Pranoti	HOLK A
34.	21040221035	Sherlin Sabu	- Aller

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35.	21040221036	Shirke Roshni	- adma Shr
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37.	21040221038	Shriti Sanju	EP birt
38.	21040221039	Subin Saji	Char
39.	21040221040	Tenzee Yankee	Rusia
40.	21040221041	Thorat Aditya	Absent
41.	21040221042	Warunkar Arfan	Flores
42.	21040221043	Sunayana Bajgain	41
43.	21040221044	Anshu Bista	QUANU
44.	21040221045	Annu Karn	Angle
45.	21040221046	Renu Kumari	Absent
46.	21040221048	Chavan Ashish	Hend
47.	21040221049	Lalbige Shifa	Absent

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44.	21040221045	Annu Karn	Absent
45.	21040221046	Renu Kumari	Hemo
46.	21040221048	Chavan Ashish	Absent
47.	21040221049	Lalbige Shifa	dila

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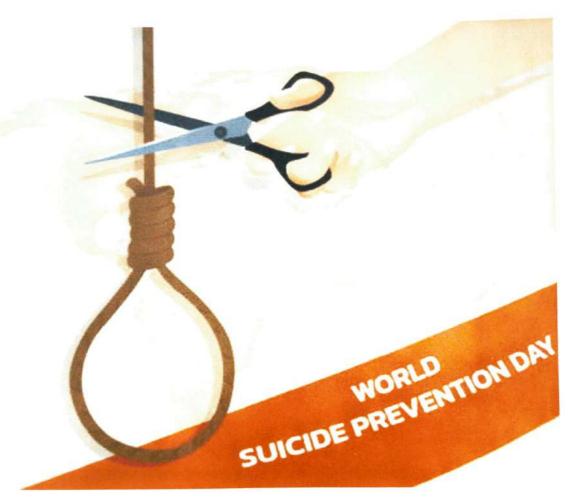


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# Winners of Essay Competition

Sr. No.	Names of Winners	Ranks
1	Ms. Arshita Jangral	1 <sup>st</sup> Rank
2	Ms. Megha Saju	2 <sup>nd</sup> Rank
3	Mr. MD Abuzar	3 <sup>rd</sup> Rank







## TUBERCULOSIS AND LEPROSY SURVEY REPORT



Date: 06/10/2023 to 13/10/2023 and 21/11/23 to 30/11/23

Venue: Dalvi Hospital, Pune.

Participants: BSc. Nursing 4th year

Families covered: More than 12000 familes

On 6th October the students of BSc. Nursing 4th year participated in the Government Tuberculosis Survey. TB is a potentially serious infectious bacterial disease that mainly affects the lungs. Therefore, considering the harmful effects of this disease the Muncipal Corporation of Pune held this survey, where in early detection and prompt action towards identifying and treating patients with TB can be done.

The day began with reporting to Dalvi hospital at 9:00 am. Once all of us gathered the staff and the ASHA workers welcomed us. They offered us a cup of tea followed by which there was briefing about the entire program done. We were provided with masks, gloves for personal protection and tally sheets, case paper and sample collection bottles for collecting the sputum of a suspected TB patient. Followed by this we were divided into 3 groups namely:

- Dalvi group Members who will do survey in the neighboring areas of Dalvi hospital.
- Naidu group- Members who will do survey in the areas surrounding Mangalwar peth and the others.
- Tadiwala Road Group- The members of this group will conduct survey in the tadiwala road slums.
- 4. Bavdan & Pashan urban slum areas
- 5. Shivaji Nagar and Gokhal Nagar

After getting divided each group moved to their respective locations. A brief instructions session about the data which is to be collected and the steps for collection of sample was explained. Followed by this we divided ourselves into teams wherein each team comprised of 2 members. Hence we all proceeded to the lanes which were allotted to us. While

communicating each of us had to wear masks. A brief introduction of who we are and what was our purpose of the door to door visit was explained. After which we distributed pamphlets to every house visited. Each team has a target of 50 families per day which means (25 families per person). While we moved from door to door explaining about TB and asking general questions such as what is the name of the family member? Whether anyone was ill? Or any abnormality was observed so far?

Initially it seemed a bit challenging for each of us but later on we understood how to go about the process. Not only were the people listening to what we said but they also expressed their respect and engaged in active conversation with us.

This Survey was indeed a fruitful one. Each of us got a unique memory to cherish and an experience to last for a lifetime.

